

ADULT MENTAL HEALTH FIRST AID



Mental Health First Aid® is the help offered to a person developing a mental health problem or experiencing a mental health crisis. The first aid is given until appropriate treatment and support are received or until the crisis resolves.

Mental Health First Aid® teaches the public how to recognize the symptoms of mental health problems, how to offer and provide initial help, and how to guide a person toward appropriate treatments and other supportive help.

The training is designed to provide people with understanding of mental health and how they can assist as non-clinicians.

Register now as this class is limited to 30 people.



March 29 & 30, 2017

Holy Cross Hospital
HealthPlex

1000 NE 56 Street

Fort Lauderdale

(On the west side of Dixie Highway)

8:00 a.m.

Breakfast & Registration

8:30 a.m.—12:45 p.m.

4 Hour Course Each Day

For certification you must attend both days.

(8.0 Nursing Contact Hours; 8 CEU's for LCSW, LMHC, LMFT)

\$20 per person

To pay online visit:

<http://www.hendersonbh.org/events-rsvp.php>

Conducted by Henderson Behavioral Health Staff:

Suzanne Higgins &

Lee Wein, MSW

(Certified MHFA Instructors)

For more information email:

**shiggins@hendersonbh.org or
call 954-777-1624**