



WHAT: BROWARD COUNTY, FL - Broward County Parks and Recreation Division's Special Populations Section, in cooperation with the City of Plantation Parks and Recreation Department, will offer a spring session of **Take the Stage! Get into the Groove**, a free dance program for youths ages 8 - 13 with developmental disabilities. The program will be held weekly on Saturdays from April 22nd through June 10th, no class on June 3rd, from 9:30 to 10:30AM. Preregistration is required. Preregistration may be available through the Friday before the second class on April 29th unless the program is full.

Get funky & feel good as you "Get into the Groove"!

This session offers a new fusion of jazz, ballet, and hip hop in a fun, active, and noncompetitive setting while focusing on enhancing coordination, rhythm, socialization, self-awareness, self-expression, and confidence. Participants will be assisted by student volunteers from St. Thomas Aquinas High School, who are experienced dancers, as they explore the universal language of dance together. Each class will include a warmup, dance techniques and steps, rhythm and coordination activities, social circle, cooldown, and more. Participants will also be working on a routine that may be performed for family and friends at the end of the program. This is not a drop-in program - consistent attendance is required, as each week participants will build on skills they learned in the prior week's class.

WHERE: [Central Park Multi-Purpose Center](#)

9151 NW Second St., Plantation 33324

954-452-2510 (Park #)

WHEN: Saturdays, April 22 – June 10, 2017 • 9:30-10:30AM. No class on June 3, 2017.

WHO: Youths, ages 8-13, with developmental disabilities.

HOW: Free, but class size is limited. Preregistration is required by calling Special Populations at 954-357-8170 or emailing SpecialPopulations@Broward.org.

Individuals with disabilities requiring accommodations in order to participate in programs, services, and activities must contact the [Special Populations Section](#) at 954-357-8170 or TTY 954-537-2844 at least five (5) business days prior to the scheduled meeting or event.

Broward County Board of County Commissioners

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