The KSUCPM Pre-Matriculation program is designed to help PREPARE students for the rigors of medical school:

**REVIEW** science content, **LEARN** new study strategies, **DEVELOP** wellness practices, and **GAIN** the critical skills and self-efficacy necessary to meet the demands of the medical school curriculum.

July 9, 2018 — July 27, 2018
KSUCPM Pre-Matriculation Program

Kent State University College of Podiatric Medicine’s Pre-Matriculation Program is an intensive three-week course designed to provide members of the Class of 2022 an extensive orientation to the school and local area, and to the demands of the first year medical school curriculum. Students will learn how to navigate the volume, pace and rigor of the curriculum at KSUCPM, while brushing up on pre-clinical science concepts and participating in lab-based workshops.

The Pre-Matriculation program will be presented by faculty members and educational specialists to help students master strategies such as time management, metacognitive skills, test-anxiety reduction strategies, test-taking strategies, success strategies, mindfulness practice, learning skills and mindset coaching. Participating students will receive the benefit of learning vital skills rarely taught within a medical education curriculum. Each week, there will be a specific organ system theme to enhance medical knowledge.

Participation of this program will also entail consent to be part of a research study. More detailed information will be provided upon application.

Schedule, Content and Assessment

Schedule:
- Monday through Friday, 8:30 - 4:00pm, July 9 - July 27, 2018
- KSUCPM Campus, Independence, Ohio
- Daily lunches provided
- A complete schedule will be available in Spring 2018 and included on the website.

Science Content:
All content will be taught in either lecture format or clinical or cadaver lab by KSUCPM faculty and education specialists. Topics include musculoskeletal, cardio-respiratory, urinary, neuroendocrinology, and an extensive review of medical terminology.

Clinical Content:
Introduction to the podiatric profession, evidence-based medicine, x-rays, patient interviewing, and basic podiatric practical skills.

Learning Content:
Woven throughout the Pre-Matriculation Program are sessions focused on enhancing your study habits, time management skills, and ability to handle the demands of a heavy course load. Learning content includes sessions on mindfulness, the neurobiology of learning, motivation, mindset mapping, grit, concept mapping, metacognition, academic resources, and energy management.

Assessment: Pre-test and Post-test to self-assess your own knowledge of material.

Application Process

Students admitted into the KSUCPM Class of 2022 may apply for participation in the program online: https://www.kent.edu/cpm/ksucpm-pre-matriculation-program. Applicants who do not have a strong background in the medical sciences are encouraged to apply. Additional information about the program and the research component of this program can be found on the website.

Questions?

For more information about the KSUCPM Pre-Matriculation Program, please contact Viveka Jenks, Education Innovations & Learning Design Manager, at vjenks@kent.edu or 216-916-7479.