



Bear Facts

The Weekly Newsletter of
Bethany Lutheran School
Long Beach, CA
www.bethanylutheran.org

Communication+Responsibility+Organization+Service+Sharing



FROM THE PRINCIPAL



I read a great parenting article recently in Real Simple magazine, not the typical place to seek parenting advice. :) The article, written by Joanna Nesbit, was entitled "How to Raise a Problem-Solver" and started with this thought: "We want kids to enter the real world as prepared and self-sufficient as possible. The road to this goal has one major rule: make sure you let them drive sometimes."

There were lots of great ideas to give kids opportunities to solve problems, but I particularly appreciated the idea of trying to stay in the passenger seat, not the driver seat, when kids come to us for help. Unless it is a life-threatening/high stakes issue, this means resisting the urge to fix their problem for them, but empowering them to think things through and solve their problem on their own, if possible. Try using the following questions:

- What do you think you/we could do to solve this problem? What else could you/we do?
- What could you do to make things better?
- What's your plan for getting this done?
- How is that strategy working for you?
- What happened when you tried doing that in the past?
- What do you want to do differently next time?

Imagine using some of these questions when your child forgets his/her homework, is trying a new skill or has a disagreement with a friend. How empowering when he/she works to solve the problem themselves!

*Blessed to be at Bethany,
Dr. Fink*

Jog-a-thon: Run for the Shade!!

**Our annual Jog-a-thon is
this Thursday, October 4!**

This is our ONE BIG FUNDRAISER for the year and this year some of our money will go toward SHADE for the new playground!

The goal this year is \$100 per student.

Take advantage of our online pledge system, Pledgestar, for getting sponsors...check your packet for more information...
it's FUN and EASY!

Run times:

6th-8th Grades: 8:20-8:50

K-2nd Grades: 9:00-9:30

3rd-5th Grades: 9:40-10:10



**Uniform-free dress
on Thursday,
Oct. 1!**

Want a desk and chair for your child's room?

We have some available! **They are outside the in the hallway near the office. Help yourself!!**

School Bulletin #7

Oct. 2, 2018

DON'T FORGET

- ☺Oct. 2 Volleyball games-home
- ☺Oct. 4-Jog-a-thon!!
- ☺Oct. 5-NO SCHOOL-Teacher Inservice
- ☺Oct. 9 Student Council 7:40
- ☺Oct. 10-12 5th Grade to Astrocamp
- ☺Oct. 10-Football games away at Shield of Faith
- ☺Oct. 11-JV Volleyball away at Redeemer-South Gate
- ☺Oct. 15-16-Bear Cubs Cheer Camp
- ☺Oct. 16-Volleyball games-home
- ☺Oct. 17-Pep Rally 2:40
- ☺Oct. 17-Football games-home

It's beginning to look a lot like Christmas...already! Each year we participate in this important ministry, packing shoeboxes to send across the world to children in need. This year, we'll participate in one GIGANTIC packing party in November, but we're starting to collect items NOW.

For October we are collecting Toys and Tools. Soccer balls (deflated) and pumps, yo-yos, jump ropes, small trucks/cars, balls, spinning tops, dolls, small musical instruments, marbles, dominoes, small stuffed animals, jacks/ball, slinky, cards, tape-measure, small hammer, screwdriver, flashlight with batteries, fishing line, etc.



The FISHin' Hole
Opportunities to Serve

HELP! HELP!

Now that construction is complete, our handball wall could use a coat of paint! If you'd like to lend a hand and paint the wall, contact Dr. Fink and she'll get you the supplies. Thanks!

We could also use some donations of baby wipes for the art room!



CHAPEL OFFERING

We gave \$507.85 for California fire victims in August/September!

In October, our offerings will go to Operation Christmas Child to help fund the postage for sending these boxes of love around the world.



Each time you buy Scrip/gift cards you are lowering your tuition cost for May! Think about it before you shop! There are so many places to use Scrip/gift cards: You can get postage stamps at the grocery store, you can buy gasoline, you can go to the movies, purchase clothing or sporting equipment, go out to eat at a nice restaurant or buy fast food.

Using Scrip/gift cards, instead of a credit card, at gas stations is a good way to prevent credit card fraud. Using a credit card at a gas station is one of the most common places for credit card identity theft. We have \$50 gas cards for Arco, Chevron, Mobil, Shell and Vons. We also have \$100 cards on hand for Arco, 76 and Shell, as well as a \$25 card for 76.

Buying your groceries with Scrip/gift cards at Vons/Pavilions will also save you money when you pump gas. Every time you purchase groceries at Vons you earn Gas Rewards to save 10 cents per gallon at the Vons gas station.



We're collecting BOXTOPS!

Did you know our Boxtops program helps support our garden? Pretty soon we'll be adding soil amendment and new plants/seeds. Your little Boxtops help make that happen!

We'll have a friendly competition between classes for this drive, so make sure you turn them in to your classroom collection spot!

It's Jog-a-Thon Week! This week is fun, full of energy and excitement and gives us all the feels with our kiddos as they run in that cool, October morning air! Please join us on Thursday morning to help count laps, cheer on the kids, pass them a water bottle, maybe even run a few laps with them – they LOVE to have adults running alongside them. FISH hours awarded!

DID YOU KNOW our kids are running for shade? We're running to raise funds to pay for shade over our new playground equipment for both the day school and preschool. Additionally, our kids in 4th, 5th, 7th and 8th grade earn 75% of their funds back to help pay for camps.

THANK YOU for your help in time, dollars and enthusiasm to help us reach our goals.



Jen Carlson, PTL President
msjencarlson@gmail.com



Cook's Night Out

Monday, October 8
At
Chick-Fil-A!!!

Watch for a flyer... see you there!



Thank you to all who helped make Raise A Glass! 2018 a

success! Your generous donations and participation helped us raise **\$21,000** on Saturday!

We would especially like to thank our sponsors:

Chris & Mark Armendariz of RE/MAX, Patriot Roofing, Corey Deeble DDS, Total Wine, Hartzog & Crabill Inc, Beach Cities Associates of Thrivent Financial, Naples Cellars, and Dockside Boat & Bed.

You are cordially invited to attend

Burgess Cotillion

formerly Call's Cotillion

Of Long Beach

Boys and girls will enjoy refreshments, games, and prizes during our fun-filled ballroom dancing, etiquette, and manners instruction!



Burgess Cotillion is held once a month, on **Monday** evenings, in the **Catalina Room** of **The Grand** at **4101 E. Willow Street in Long Beach**. Parents are always welcome to observe.

Our 2018-2019 Season:

September 24, 2018	Autumn Serenade - get acquainted dance	Party Dress
October 29	Halloween Hop	Costume Contest
November 26	Red, Hot Latin Rhythms!	Party Dress
December 17	Frosty Frolic-Holiday Dance	Party Dress
January 14, 2019	Boot Scootin' Boogie-Country Western Dance	Western duds
February 4	Sweetheart Swing - Swing Contest	Party Dress
March 4	Salute to Disney	Party Dress
April 8	Spring Fling - Waltz Contest	Party Dress

The schedule:
3rd - 5th graders meet from 4:30 to 6:00 p.m.
6th - 8th graders meet from 6:15 to 7:45 p.m.
9th - 12th graders meet from 8:00 to 9:30 p.m.

Full tuition for the 2018-2019 season is \$225. Tuition will be prorated for late joiners.

Please contact Kristie Burgess: 323.874.7393 to receive an invitation.

burgesscotillion@aol.com

www.bobbyburgesscotillion.com

Burgess Cotillion is conducted by Mr. Bobby Burgess. Mr. Burgess, a native of Long Beach, was an original Disney Mouseketeer, a ballroom dancer on the Lawrence Welk Show, and an instructor with the legendary Call's Cotillion of Long Beach. He does an amazing job instructing our children.

**Teaching manners and social dance to children for over 25 years.
Come join the party!!**

You're invited !!
to Burgess Cotillion Guest Night
The "Halloween Hop" Halloween Party
Come dressed in Costume!!

Learn some dance moves and manners while you're having fun parading in the costume contest, playing games, and enjoying refreshments!!

When: Monday - October 29, 2018

3rd-5th grades--4:30 to 6:00 6th-8th grades--6:15 to 7:45

9th-12th grades--8:00-9:30

Where: The Catalina Room at The Grand

4101 E. Willow Street; Long Beach 90815

Questions: Carrie White 562-712-0903

Kristie Burgess 323-874-7393

burgesscotillion@aol.com

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Bobby Burgess, original Mouseketeer and star of the Lawrence Welk Show, leads every class.

**Experience Burgess Cotillion, then
join for the rest of the season!!**