

2018 Fall SWAN Recreational Activities

春季展望中美國際學校課外活動簡介

Start Date: Week of October 9th, 2018. Registration Deadline: October 12th, 2018

--American Chess Club (Second Grade and Up). Every Monday - 4:30pm to 5:30pm.

American Chess Club operates with a group size of 12 students. Players will be invited to participate in city-wide chess tournament. Studies have shown over the years that chess does indeed strengthen a child's mental clarity, fortitude and stability. Chess Club is held at 195 Worth Street. 國際象棋（二年級以上）國際象棋課，每時間段 6 人。本學期按照程度分為入門班，初級班和高級班三個程度。學員將受邀參加州級比賽。有研究發現，國際象棋可以幫助學生加強分析力和穩定性。國際象棋課會在沃斯街 195 號進行。

-- Karate(Pre-K to 5th Grade). Every Wednesday - 4:30pm to 5:30pm.

The AA Youth Activity Center is located at 225 Part Row, New York, the heart of Chinatown. Students will be introduced to all aspects of martial arts including techniques like kicking, punching, blocks, self-defense, break falling, rolling, and board breaking. Techniques are reinforced through the use of motivation, fun and games. Students will gain confidence, listening skills, self-control, and goal setting. The class enrolls a maximum of 20 students who are in beginner and intermediate levels. Class is conducted at the AA Youth Activity Center, drop-off and pick-up by SWAN. Pre-K to middle school students welcome!

空手道（無年級限制）每時間段 20 人，針對初學者和進階階段學員。空手道是一門很有趣的課外活動，除了能強身健體也是一門自我防衛的技巧。學生會由 SWAN 工作人員送到 AA Youth Activity Center 學校上課並由 SWAN 工作人員接回。如果您想要參觀空手道的場所，可致電 212-619-3088 聯繫 Cherrie 小姐或發郵件到 cherrie103@yahoo.com

-- Ballet (Pre-K to 5th Grade). Every Thursday - 4:30pm to 5:30pm.

The AA Youth Activity Center is located at 225 Part Row, New York, the heart of Chinatown. Students will learn all about music, movement, coordination, spatial relations, and the basics of ballet that will hopefully lead to many fun-filled years of dancing and self-expression. The class enrolls a maximum of 20 students who are in beginner and intermediate levels. Class is conducted at the AA Youth Activity Center, drop-off and pick-up by SWAN. Pre-K to middle school students welcome!

芭蕾（無年級限制）每時間段 20 人，針對初學者和進階階段學員。學生們不僅僅會在芭蕾課上學習到美麗的舞蹈，形體的課程並會接觸到音樂方面的知識。學生會由 SWAN 工作人員送到 AA Youth Activity Center 學校上課並由 SWAN 工作人員接回。如果您想要參觀芭蕾課的場所，可致電 212-619-3088 聯繫 Cherrie 小姐或發郵件到 cherrie103@yahoo.com。