

# Lunch Menu Middle and High School

January 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Strips & Fries Turkey & Cheese Sand w/chips Chicken Caesar Salad	Chicken Alfredo w/Penne Pasta Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	Pesto Pasta w/Chicken Breast Ham & Cheese Sand. w/chips Clam Chowder Soup	Taquitos with Spanish Rice Grilled Cheese Sandwich w/Tomato Basil Soup
9	10	11	12	13
Lasagna with Meat Sauce Lasagna, Vegetarian Turkey & Cheese Sand w/chips Chicken Caesar Salad	Hamburger or Cheeseburger /chips Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	Chicken Chow Mein w/Egg Roll Ham & Cheese Sand. w/chips Clam Chowder Soup	Crispy Chicken Sandwich w/chips Sandwich & Chips Meal
16	17	18	20	21
Martin Luther King Day	Chicken Enchiladas with Spanish Rice Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	Spaghetti and Meatballs Ham & Cheese Sand. w/chips Clam Chowder Soup	Fried Chicken Friday! Popeye's Leg & Thigh, Biscuit and Cole slaw
23	24	25	26	27
Chicken Strips & Fries Turkey & Cheese Sand w/chips Chicken Caesar Salad	Hamburger or Cheeseburger /chips Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	Teriyaki Chicken, Rice & Broccoli Ham & Cheese Sand. w/chips Clam Chowder Soup	Crispy Chicken Sandwich w/chips Sandwich & Chips Meal
30	31			
Lasagna with Meat Sauce Lasagna, Vegetarian Turkey & Cheese Sand w/chips Chicken Caesar Salad	Chicken Alfredo w/Penne Pasta Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad			

## FUNDING YOUR STUDENTS' LUNCH ACCOUNT:

Go to [www.myschoolaccount.com](http://www.myschoolaccount.com) and set up an account and add your student(s). You will need your student's ID number. Once the account is set up, you can fund the account through a transfer from your checking account. \*Be sure to set up a low balance alert to inform you when additional funds are needed. Student's account must have funds to purchase lunch.

VALLEY  
CHRISTIAN  
SCHOOLS

Lunch  
Coordinator

John Bautista  
925-560-6285

