

# Lunch Menu Middle and High School

October 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3 Lasagna with Meat Sauce Lasagna, Vegetarian Turkey & Cheese Sand w/chips Chicken Caesar Salad	4 Chicken Alfredo w/Penne Pasta Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	5 Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	6 Chicken Chow Mein w/Egg Roll Ham & Cheese Sand. w/chips Asian Chicken Salad	7 Crispy Chicken Sand. w/chip Sandwich & Chips Meal
10 Teacher Development Day Students - NO SCHOOL	11 Hamburger or Cheeseburger w/chips Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	12 Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	13 Spaghetti and Meatballs Ham & Cheese Sand. w/chips Asian Chicken Salad	14 Taquitos with Spanish Rice & Black Beans Grilled Cheese Sandwich & Chips
17 Teacher Conference Day Students - NO SCHOOL	18 Teacher Conference Day Students - NO SCHOOL	19 Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	20 BBQ Pork Fried Rice w/Egg Roll Ham & Cheese Sand. w/chips Asian Chicken Salad	21 Crispy Chicken Sand. w/chip Sandwich & Chips Meal
24 Chicken Strips & Fries Turkey & Cheese Sand w/chips Chicken Caesar Salad	25 Hamburger or Cheeseburger w/chips Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	26 Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	27 Pasta Marina with Garlic Bread Ham & Cheese Sand. w/chips Asian Chicken Salad	28 Taquitos with Spanish Rice & Black Beans Grilled Cheese Sandwich & Chips
31 Chicken Strips & Fries Turkey & Cheese Sand w/chips Chicken Caesar Salad				

**VALLEY  
CHRISTIAN  
SCHOOLS**

**Lunch  
Coordinator**

**John Bautista  
925-560-6285**

## FUNDING YOUR STUDENTS' LUNCH ACCOUNT:

Go to [www.myschoolaccount.com](http://www.myschoolaccount.com) and set up an account and add your student(s). You will need your student's ID number. Once the account is set up, you can fund the account through a transfer from your checking account. \*Be sure to set up a low balance alert to inform you when additional funds are needed. Student's account must have funds to purchase lunch.

