

parenting CHRISTIAN LIGHT





8131 Airport Highway
Holland, OH 43528
Phone 419-865-4548
http://providencelutheran.org/
Pastor Todd Milner & Deacon Judy Atkins

Service Times:

Sunday 9:00 am & 10:30am Sunday School (Faith Trek) 10:30am Saturday 5:00pm

Help Your Kids Develop a Heart for Service

POWERSOURCE ASK JESUS:

- To help you incorporate service into your family's "culture."
- To broaden your ideas about what constitutes service—and how your kids can serve.
- To help your family members find joy in serving others.

Despite being the One True God and the King of kings, Jesus humbled himself to become our Savior. By serving us here on earth, Jesus modeled how we are to lovingly serve others.

Serving is a privilege—one people of all ages can engage in daily. Major projects and trips aren't required!

When we teach children to serve, we're also teaching them to become servants for life. That's because kids who serve become adults who serve.

Consider these findings from the Independent Sector.

Two-thirds of adult volunteers began serving as children.

Adults who volunteered as children give more money and volunteer more time than adults who began serving later in life.

Across incomes and age groups, people who volunteered as children give and volunteer more than those who didn't.

Those who volunteered as youth and whose parents volunteered became the most generous adults when it comes to giving their time.

This month, as your family focuses on thankfulness and blessings, put your faith and gratitude into action by serving each other—and Jesus.

Read on for fun, practical ways to build serving into everyday life.

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MOMENTS

Color Me Happy

You'll need new coloring books, crayons to use, and new boxes of crayons to give away.

Read aloud Acts 9:36-39 and discuss how Tabitha was always doing kind things for others and helping poor people. Say: We can do something kind and colorful for children in need. Talk about why kids might be in the hospital, as well as any experiences your family members and friends have had with illness or surgery.

Give each family member a coloring book. Say: Serving other people adds color and joy to their lives, especially when they're going through a tough time. Let's make special gifts for kids in the hospital.

Have family members each color the first page of their book and write a short message to the child who will receive it. (Younger kids may need help.) Together, pray for the recipients and then deliver the coloring books—along with new boxes of crayons—to a local hospital.

Make Serving a Way of Life

Fitting big service events into busy family schedules isn't always possible. The good news is that not every service project must be "XXL." The truth is, Jesus loves and honors service of every size. As we model giving aid and encouragement in our homes and beyond, children learn that service is a way of life, not necessarily just a single event. Use this list of ideas to jump-start your thoughts about how your family can serve. Just be warned: Coming face to face with human needs—and helping to meet them—is truly transformational! Hearts and lives are bound to change as you step out as a family and make a difference in Jesus' name.

Help a charitable organization prepare bulk mailings.

Promote fund-raisers on behalf of a service agency.

Paint furniture, walls, or items that don't need to be "perfect."

Organize the canned and boxed goods at a food pantry.

Gather and deliver items for people in need (examples include inmates' families and teenage or single moms).

Paint over graffiti.

Clean and organize give-away clothing closets.

Sort through and organize donations given to agencies.

Help prepare and serve food at a soup kitchen or hospice.

Set up, serve, or clean up at any church or community event.

Perform puppet shows, musicals, or concerts at shelters or nursing homes.

Do yard work or general cleanup from weed pulling to vacuuming—at any facility.

Play with homeless children on day visits or sponsor a trip for kids in shelters.

Visit the elderly and assist them with indoor or outdoor chores.

Work at the Special Olympics.

Prepare a picnic for your pastors and their families.

Volunteer to clean the toys in your church nursery.

Make care packages or sandwiches for people on street corners asking for help.

Plant trees and shrubs at places that need some environmental care.

Donate gently used toys to a group that gives them to children at Christmas.

Help neighbors (without pay) by raking leaves, shoveling snow, putting away trash cans, washing cars, or walking dogs.

Challenge kids to complete one act of kindness for each family member during the week.

Read to young children or to people in nursing homes.

Tutor or mentor children through an after-school program.

Pack shoeboxes for Operation Christmas Child.

Deliver cookies and thank-you notes to police officers, firefighters, and paramedics.

Give family members a back rub (or foot rub!) after a long day of work or school.

Pitch in together at a church work day and then grab pizza.

After a natural disaster, donate money or needed items to the American Red Cross.

Stock up on clearance-priced school supplies and paper goods you can donate.



"For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many." —Mark 10:45

MEDIA MADNESS



MOVIE

Title: Ralph Breaks the Internet Genre: Animation, Adventure, Comedy

Rating: PG

Cast: John C. Reilly, Sarah Silverman, Gal Gadot, Kristen Bell, Mandy Moore Synopsis: In this sequel to the 2012 Disney hit Wreck-It Ralph, Vanellope and Ralph embark on new virtual adventures, encountering a wide range of popular animated characters along the way. After Vanellope learns that she's royalty, she helps the iconic Disney princesses adapt to the modern, feminist-friendly era.

Our Take: With a variety of characters, this film will appeal to both boys and girls. It's sure to spark discussions about identity and friendship. Because the movie opens at the start of the holiday season, merchandising tie-ins

will abound.



BOOK

Title: The Rough Patch Author: Brian Lies

Synopsis: This touching, beautifully illustrated book tells the tender story of Evan the fox, whose beloved dog companion dies. Due to grief, Evan loses interest in his gardening hobby. But then a giant pumpkin grows amid the weeds, winning Evan a county-fair

prize—of a new puppy.

Our Take: In a powerful yet sensitive way, this book tackles the joys of friendship as well as the challenges of loss, grief, and recovery. The dog's death is handled with restraint, using just six words and a touching image. The book, geared toward children ages 4 to 8, will help families explore tough topics because it shows in kid-friendly ways how happiness and hope can spring from sad situations.



CULTURE & TRENDS

Forward Fashion Personal style services such as Stitch Fix Kids, Kidbox, and Rockets of Awesome will send customized outfits to your children on a regular basis—for a fee. And Target's popular Cat & Jack clothing line now offers adaptive apparel for kids with special needs. (various websites)

Bad "Breath" Consuming foods prepared with liquid nitrogen can be hazardous, according to the FDA. For example, frozen treats (now common at mall kiosks) that give the eater "dragon's breath" can cause breathing difficulty in kids who have asthma. (fda.gov)

QUICK STATS

ADHD Diagnoses A new study reveals that 10% of U.S. children are diagnosed with ADHD. That represents a significant increase from 20 years ago. Some experts say the Affordable Care Act has led more families to seek treatment, which has led to more diagnoses. (JAMA Pediatrics)

Snack Facts Two-thirds of moms admit they hide a secret stash of treats from the rest of the family. Almost half of parents (48%) say their child brings home an uneaten healthy snack from the lunch box at least once a week. (crispygreen.com; kindsnacks.com)

Games, Sites & Apps

The King's Bird
Combining parkour,
precision, and aerial
movement, this physicsbased "platform jumper"
is filled with obstacles.
When players "die," the
screen simply fades to
black. The artsy game is
voiceless, with simple
music. It's available for
download on Windows
PC and is best for kids
ages 10+.

JAM.com

At this video-based learning site, kids take online courses and complete fun projects. Topics range from drawing and cooking to inventing machines. Families must subscribe, but then the videos are ad-free. Moderators give positive feedback and monitor comments. Best for ages 7 to 16.

Khan Academy Kids

The popular website for school-age kids now has a free app geared toward early learners. Children ages 2 to 5 can jumpstart their beginning math and reading skills through sing-alongs, counting, drawing, and reading. Friendly characters help make learning even more enjoyable.

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This page is designed to help educate parents and isn't meant to endorse any movie, music, or product. Our goal is to help you make informed decisions about what your children watch, read, listen to, and play.

Youth & Family Events at Providence!

Teen Pumpkin Decorating-Sunday, October 28th, 10:30AM

Teenage youth, join us during Faith Trek. We will be decorating pumpkins to be delivered to our homebound Treasured Members with the Thanksgiving baskets. This can be counted as community service hours for a school or social group assignment. We can also discuss future events, activities and community service projects. Please contact Amy or Alyssa Baburek with any questions at Baburek@bex.net. Work up an appetite and stick around afterwards for the Pizza & Fun Day in the Family Life Center! See notes below.

3rd Annual Pizza & Fun Day- Sunday, October 28th, 11:30AM-2:00PM

Join us in the Family Life Center to make your own homemade pizza. We will supply all the ingredients and toppings! All ages are welcome! There will be a sign-up in the Narthex to give us an idea of how many to expect. However, walk-ins are welcome! Invite your friends and family!

"Camp Kids" Election Day Bake Sale—Tuesday, November 6th, 6:30AM-7:30PM
We are seeking consumers, volunteers to bake goodies, and those willing to help for an hour or more at the bake sale table during the upcoming election polls. This will also be a great time to welcome community members to Providence! Able volunteers please sign up in the Narthex. Baked goods can be dropped off ahead of time in the small kitchen across from the conference room or brought to the bake sale table on Election Day. Proceeds will be added to the "Camp Kids" fund for those attending Lutheran Memorial Camp the summer of 2019.

"Camp Kids" Christmas Art Fundraiser-Saturday, November 10th

You are invited to join us for an afternoon of fun in the Family Life Center! If you attended February's "Pallet Party", you know how easy and exciting it is to create your very own work of art, all while supporting youth attending Lutheran Memorial Summer Camp! This time we will be having Christmas themed do-it-yourself projects. Pick from 3 new holiday themed designs. Samples are displayed in the Narthex. We will have a variety of paint colors and embellishments to choose from. You are encouraged to bring your own paint if you need an exact color match. We will provide light snacks, drinks, an instructor and materials to create your very own masterpiece! The cost is \$35 per person due at time of reservation. Class times are 10:00AM, 12:30PM and 3:00PM (you choose). Space is limited on a first come, first serve basis. Register early! We will have Youth Team members between Sunday services registering guests or you may visit the church office during office hours. Invite your family and friends! The event is geared towards adults; however, children are welcome with a paid reservation. For those who cannot make the event, but would like to purchase a custom made piece, you may take a registration/order form and return it to the office. Custom made pieces are \$45. If you have any questions, please email whitacre.abbe@gmail.com.

Children's Christmas Program-Sunday, December 9th, 10:30AM

This year's Children's Christmas Program, "The Fumbly Bumbly Angels", will be on Sunday, December 9th during the 10:30AM Praise Service. A sign up sheet for cast and crew is posted on the Youth Bulletin Board #9 in the hallway. We are in need of angels, shepherds and sheep. A dress rehearsal will be Saturday, December 8th during the 5:00PM worship service. Practice times will be announced at a later date. All are welcome to participate!

ATTENTION TEENS/PARENTS! Make sure to join our <u>NEW</u> teen youth group! Email <u>Baburek@bex.net</u> to make sure we have your contact information to keep you informed of upcoming events.

Thank you to everyone who participated in parking cars at Bob Trapp's across from the MacQueen's festival. Together we were able to raise \$2,188 to be split between youth ministries and paying down the church mortgage! A BIG thank you to Bob Trapp and family for generously allowing us to use the property and setting up ahead of time! What an awesome team we had!







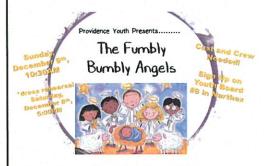




Freewill Donations will Benefit Youth Attending
Lutheran Memorial Camp

Bakers please drop off sweets ahead of time in the small kitchen across from the conference room. Volunteers please sign up in the Narthex.





Kids... Join us each Sundays for Sunday School/Faith Trek during the 10:30AM Praise Service.



The 1st Sunday of each month kids practice & ring bells for the congregation!

Wednesday Night Power Hour

Fellowship & Education Night for All Ages

6:00 PM Pizza for All 6:30 PM-7:30 PM Small Group Bible Study



3 years to 4th grade 5th grade & up Catechism Class Tweens & Teens Adults

Drop in any week and check it out!