

Question, Persuade, Refer (QPR) Suicide Prevention Training



QPR Training Located At: 31735 Maplewood St, Garden City, MI 48135

The **Maplewood Community Center** is providing FREE Question, Persuade, Refer (QPR) Training to teachers, parents, students, churches businesses, and other community members at no cost.

Training Held on **Friday, September 23, 2016** from **11am to 1pm** at *Maplewood Community Center* located at: 31735 Maplewood St, Garden City, MI 48135

Please preregister by September 16, 2016

TAKE TRAINING SAVE A LIFE.

Question, Persuade, Refer (QPR) teaches three simple steps that anyone can learn to help save a life from suicide.

QPR will teach individuals to recognize the warning signs, clues and suicidal communications of people in trouble and to act vigorously to prevent a tragedy.

The goal of QPR Training is to help prevent deaths by suicide in Wayne County, and reduce the stigma associated with mental illness.

90% of people in a suicidal crisis will give some kind of warning of their intention to those around them.

45% of individuals who die by suicide visit their primary care physician within one month of their death.
20% visit within 24-hours.

This "last medical contact" before suicide is even higher among the elderly.

Almost 50% of elderly suicide victims visited their doctor within the week before their death.

FREE training

**Snacks and
beverages**

Contact Kara Reed to
register for training at
734-793-1849
or/email

Karar@gardencitymi.org

