

# Friendship Group: A Place to Connect



## Register now! Groups start January 2017!

This winter and spring Smart Love Family Services is offering Social Skills Groups for boys and girls ages 8–10, 10–12 or 13+. Children can register for one 10-week session or they can stay enrolled and participate in consecutive sessions. These groups provide an opportunity for children to:

- Learn positive relationship skills
- Develop self-confidence with peers
- Learn to enjoy social interactions
- Develop positive coping skills for social problems
- Learn to work in a team setting
- Prepare for and thrive in a new school year/setting

Distribution of information by a community group in accordance with District 97 policy does not imply, directly or indirectly, that the group's program(s), event(s) and/ or service(s) is sanctioned, sponsored or endorsed by the district, the Board of Education or the superintendent.

### Registration Details

To register contact Jessica Hudnall, M.A.  
773.665.8052 ext. 219  
jessica.hudnall@smartlovefamily.org

#### Location

Rush Medical Office Building, Suite 5601  
610 S. Maple St., Oak Park

#### Boys Group

Wednesdays @ 7:30–8:30 p.m.  
Winter Session begins January 25  
Spring Session begins April 19

#### Girls Group

Thursdays @ 7:00 – 8:00 p.m.  
Winter Session begins January 26  
Spring Session begins April 20

Groups meet 10 times, once per week.

#### Composition

Boys or Girls Groups  
Ages 8–10, 10–12, 13+

Children can register for one 10-week session or they can stay enrolled and participate in consecutive sessions.

**Many insurance plans cover group therapy.**

The Smart Love Approach was developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., and is described in their book *Smart Love*. The Natalie G. Heineman Smart Love Preschool offers classes for three to six year olds, and parent and child programs for children six weeks to 36 months. Smart Love Family Services provides counseling for children and families based on the Piepers' therapeutic approach, Inner Humanism<sup>®</sup>. Parenting programs include private parent coaching, educational seminars (co-sponsored by the Intrapsychic Humanism Society), parent training and support programs, and publications. © 2016 Smart Love Family Services is an Illinois-based 501(c)(3) nonprofit organization.