



Pointe au Baril Islanders' Association

EMERGENCY ACTION PLAN (“EAP”)

Evaluate the situation - Emergency exists IF the injured or ill person:

- Is not breathing
- Does not have a pulse
- Is bleeding profusely (when blood soaks more than 1 bath towel)
- Has impaired consciousness
- Has injured the back, neck or head
- Has a visible major trauma to a limb

What should I do?

1) Call 911

- Stay on the line for the duration
- Follow the direction/advice & information of the Operator
 - Anticipate these questions:
 - What is your emergency? Male or Female? Age? Describe Incident
 - What is the location of the emergency?
 - This is your TOA address _____
 - This is your GPS location _____
 - If not at your cottage, use your chart plotter or cell phone to obtain your GPS location
 - What is your phone number?
 - 911 will call you back if
 - they need more information or
 - you are cut off.

2) Call someone with First Aid and/or CPR training (used completed Emergency Phone Numbers [EPN] to provide assistance before the arrival of professional medical help.

3) If no one trained in First Aid and/or CPR is available, try to:

- Stop the bleeding with firm pressure on the wounds
- Clear air passages using the Heimlich Maneuver in case of choking

Evacuation of a patient

- Ask the 911 Operator if they can send help directly to your location (OPP or Coastguard), and if yes, ask *how long it will take*.
- If it will take too long given the circumstances, or if they are unable to come at all
 - Summer Hours - Call the Marine Patrol if during their summer hours [EPN]
 - Call the friends/neighbours you have identified
 - Know First Aid and/or
 - Can assist getting the patient into the boat, and/or
 - Can drive their boat or your boat to the station at night, or
- Call your Marina or Contractor for assistance, if you have prearranged [EPN]