

What is the NAMI Homefront Education Program?

NAMI Homefront is a free, 6-session class for family and friends of Military Service Members and Veterans with mental health conditions. It focuses on the unique needs of military and Veteran communities, such as post-deployment and post-discharge transitions. The course helps family members understand and support their loved one while maintaining their own well-being. All of our teachers are also family members who have experience with military culture and know what it's like to have a loved one living with symptoms of a mental health condition.

All NAMI-NYC classes are FREE, but you MUST register first to attend.
Contact our Helpline at 212-684-3264 or helpline@naminyc.org
to register for upcoming classes!



What do people say about the class?

“You realize that he will never be the same having been through war. I learned how to treat him more as an adult than as a hurt child.”— Mother of a Veteran

“We are still friends with everyone that was in the class. There’s always an open ear and an open heart and a shoulder to cry on if you need it.” — Father of a Veteran

Fall 2018 Classes

Manhattan VA Medical Center
E. 23rd St. at 1st Ave (Manhattan)
Tuesdays – Sep. 25 - Oct. 30 – 6 to 8:30pm

Bronx Vet Center
Morris Ave. at Fordham Rd. (Bronx)
Thursdays – Sep. 20 - Nov. 1 – 9:30 to 11:45am



Who is NAMI-NYC?

We help individuals and families affected by mental illness build better lives through education, support, and advocacy. NAMI-NYC was founded by a small group of parents who came together for support, for guidance, and for resources. Sharing lived experiences remains the guiding principle of our organization, and the core pillar of our programs. **Learn more at www.naminyc.org.**

