

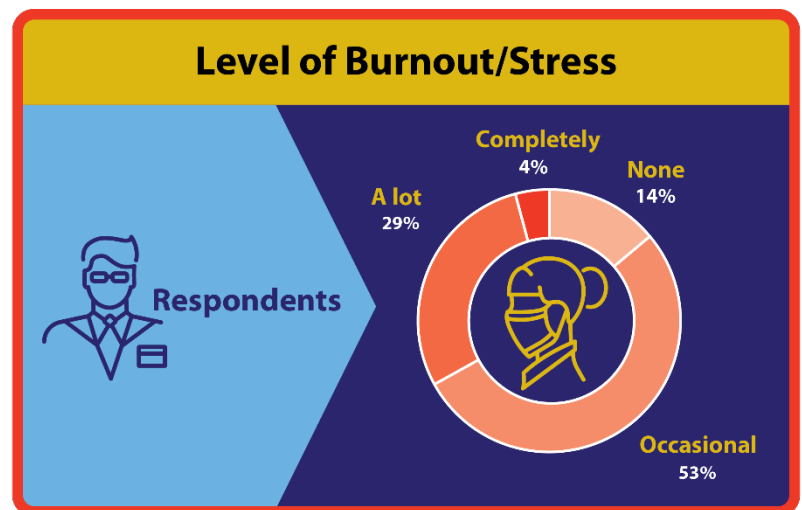
Quick Poll Results: Dentists' and Hygienists' Job Satisfaction

Dentists are fairly satisfied with their work, our December 2018 Quick Poll showed, but many experience burnout. Among the 620 respondents, including 76 hygienists, 81 percent were either satisfied or very satisfied with their job. Only 6 percent of respondents were dissatisfied and 1 percent were very dissatisfied. Dentists in academic settings had greater job satisfaction than others.

Most dentists and hygienists experience some burnout and stress. More than half (53 percent) of respondents said they occasionally felt burned out, 29 percent felt it often, and 4 percent said they were completely burned out. Only 14 percent had not experienced burnout.

When it comes to stress, 21 percent of dentists and hygienists reported having no job stress, while 64 percent had it occasionally. Only 9 percent felt a lot of stress and 6 percent felt completely stressed.

Compared to dentists, hygienists reported greater workloads, higher levels of stress, and lower levels of job satisfaction. Hygienists also experience more burnout.





The respondents work in a variety of settings. About 51 percent were in solo practice, 25 percent were in a small practice with 2 to 4 dentists, and 15 percent were in a large practice with 5 or more dentists.

The size of the practice was related to dentists' feelings about their work. Bigger practices meant bigger workloads, but also somewhat greater job satisfaction. However, dentists in large practices reported more stress, compared to dentists in small practices. The size of the practice doesn't appear to be strongly related to burnout.

For hygienists, as the size of the practice increases, workload and stress increase but job satisfaction remains constant and burnout actually decreases.

To continue the conversation about job satisfaction, stress, and burnout, please visit the Quick Polls Results thread in the [Member Forum](#).