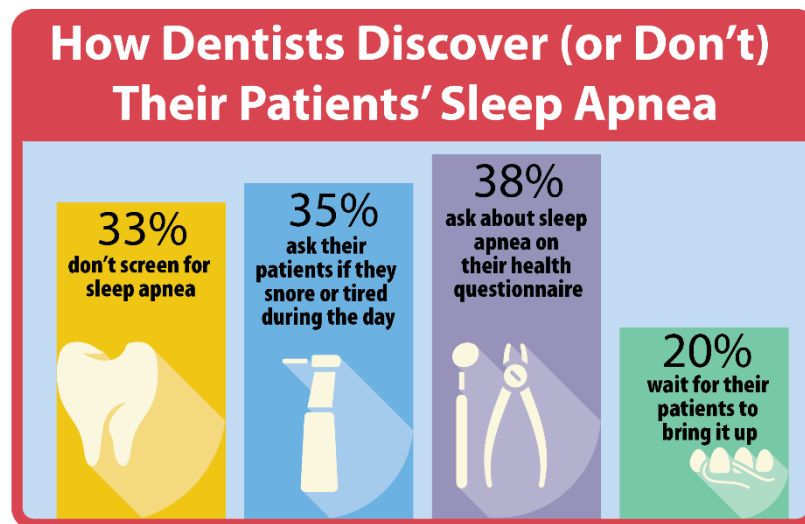


## Quick Poll Results—Some Dentists in the Dark About Patients' Sleep Apnea

The responses to the November 2016 Quick Poll about screening patients for sleep apnea varied greatly. About one-third of the 420 respondents don't screen for sleep apnea; a similar percentage ask their patients if they snore, or have the question on their health questionnaire. Only a small portion (less than 4 percent) of the respondents are certified sleep specialists.



A majority of the respondents (87 percent) said that 15 percent or fewer of their patients seek treatment for sleep apnea. Many of the respondents refer their patients with sleep apnea to a sleep specialist. Some practitioners commented that, although this is an important problem, they don't feel equipped to treat it in their office, so they refer their patients to a specialist. They indicated they'd like to have more training on this subject. Some practitioners said they use the STOP-BANG Sleep Apnea Questionnaire and Epworth Sleepiness Scale in their office. Respondents also said they recommend home screening and oral appliances for sleep apnea.

To continue the conversation, go to the Quick Poll Results in the [Member Forum](#).