



June 29– July 5, 2017

Bridgton Community Center Newsletter

MISSION STATEMENT: To create and provide a supporting environment in recreation, leisure, the arts, health and community services to promote public well being and to enhance quality of life for all generations in the community.

Week's Events

Thursday, June 29

- 7:15 am Rotary Club (Main Room)
- 10:00 am Sr. College Meeting (Main Room)
- 12:00 pm The Gathering Place Support Group (Room 1)
- 3:30 pm Beginning Guitar Lessons ((Room 2)
- 5:00 pm **Free Community Kettle Dinner**

Friday, June 30

- 9:00 am SCORE Meeting (Room 1)
- 7:00 pm Movie Table Read (Room 1)

Saturday, July 1

- 8:00 am **Farmer's Market (BCC Grounds)**
- 9:00 am Auction (Main Room)
- 10:00 am Legislative Meeting Phyllis Ginzler (Room 2)

Sunday, July 2

- 10:00 am Church Services (Main Room)

Monday, July 3

- 9:00 am Taoist Tai Chi (Main Room)
- 2:00 pm Cribbage (Main Room)
- 7:00 pm Narcotics Anonymous (Room 2)

Tuesday July 4

Community Resource Navigator – By Appointment

**JULY
4th**

BCC Closed

Wednesday, July 5

- 12:00 pm Senior Lunch (Main Room)
- 5:00 pm Pilates (Main Room)
- 6:30 pm Bible Study (Main Room)



COMMUNITY KETTLE DINNERS

June 29 – Bridgton Alliance Church

NO DINNER JULY 6TH

July 13 Bridgton's Young Professionals

**Rides for Bridgton Seniors and
Disabled for shopping, errands,
visiting within the Bridgton area.
call BCC 647-3116.**

**FOR MEDICAL RIDES CALL
HEALTH CARE ACCESS
647-2483**

**RideSource, Inc 743-7433
Logisticare, MaineCare ONLY
855-608-5178**

**Lakes Region Explorer BUS NOW
Runs on Sat – Starts July 1
FMI www.rtpRIDES.org**

**Veterans' Mess Hall
Fri July 14, 1:00 @ BCC
All Veterans are welcome**

Bridgton community Center 15 Depot Street, Bridgton, Maine

Phone: 207-647-3116, Fax: 207-647-3116 Hours: Monday-Friday 9:00-5:00 Executive Director:

Carmen Lone, email: Carmen.bcc@ne.twcbc.com www.bridgtoncommunitycenter.org



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SUPPORT GROUPS

- **Narcotics Anonymous**, every Monday, 7:00 pm, Room 2
- **Caregivers Support Group**, 2nd Wednesday of the month, 1:00 pm, Room 2.
- **The Gathering Place Support Group**, every Thursday, 12:00 pm, Room 2
- **Foster Care Support Group** 3rd Monday of the month 6:30 pm, Main Room

SENIOR LUNCH MENUS – subject to change

7/5 – BBQ Chicken, Rice, Green Beans – Maple Glazed Cinnamon Bars
7/12 – Italian Sandwich, chips, watermelon, Strawberry Rhubarb Crumble
7/19 – Mac/Cheese, Hot dogs, Salad, Vanilla/Orange Cheesecake
7/26 – Ham, Scallop Potato, Salad – Raspberry Bakewell Tart

PILATES with Lyndsy Cappon @ Bridgton Community Center
Weds June 14 –August 30, 5:00pm – 6:00pm * Bring your yoga mat



Develop lean muscles; low-impact exercises; strengthen entire body.

PILATES is energizing and promotes health for ALL AGES

What are you waiting for? Suggested Donation \$5

FMI: Lyndsy.Cappon 818-645-6205

THINGS TO DO ON July 4th Holiday

7/1 Maine Lakes Open Paddle Battle, LEA www.mainelakes.org 8am
7/1 Strawberry Breakfast, Congo Church 7:30am – 10:30Pm S.High St.
7/1 Spaghetti Dinner, Oriental Lodge #13, 5pm – 7pm, Route 117 Harrison Rd
7/3 Kids Fun Run www.fouronthefouth.com 4:30pm Stevens Brook School
7/3 Concert, FREE, Bridgton Town Band, 7:30pm Stevens Brook School
7/3 Fireworks, FREE Bridgton Rec Dept, Stevens Brook School 9pm (?) dark
7/4 4 on 4th Road Race www.fouronthefourth.com 8am Stevens Brook School
7/4 – Great Bridgton Duck Race, Rotary, 11:30 Main St Bridge by Theater
7/4 Annual Parade, FREE Bridgton Lions Club, Portland St – Main St. NOON
7/4 Rufus Porter Plant Sale, Rufus Porter Museum, Main St
7/8–9 38th Annual Quilt Show, Chickadee Quilters, Stevens Brook School 10am

LIKE US ON FACEBOOK www.bridgtoncommunitycenter.org
Hours: Monday-Friday 9:00-5:00, Executive Director: Carmen Lone