

August 24th, 2017

Paula Moraine M.Ed.



Paula Moraine gained her M.Ed in Educational Studies from the University of Aberdeen in the United Kingdom. She is an educator in private practice in Maryland. She is a tutor, coach, adult educator, speaker, and author. Paula is also on the Branch Council of the International Dyslexia Association, serving as the Eastern Region Representative. She has written books on executive function including, *Helping Students Take Control of Everyday Function: The Attention Fix* and *Autism and Everyday Executive Function*.

Paula will present a 1.5 hour session (2:30pm - 4pm) on the topic:-

Dyslexia, ADHD, and Everyday Executive Function

Executive functions can pose a challenge for nearly every individual. Common concerns arise in relation to how the individual uses attention, organizes materials, manages time, and sets goals. The student might also experience other learning challenges such as Dyslexia and ADHD. This presentation will suggest a way to enhance these everyday executive functions through personalizing the 'ingredients' that empower the individual to take personal control of their own executive functions.

After this session, the participant will be able to:

1. Identify characteristics of attention and executive function and establish the relationship between attention and executive function.
2. Differentiate the effects of ADHD on executive function.
3. Understand the principles and characteristics of a student support system for attention and executive function that can be implemented by the tutor, coach, teacher, and/or parent.
4. Develop strategies and approaches to strengthening the student's attention controls for learning.
5. Formulate useful accommodations in the 504 and/or IEP.
