

Union County Department of Human Services (DHS)

In addition to the Office for People with Special Needs, the DHS provides an Office for the Disabled that works to advance independent living for Union County residents with disabilities through both individual and systems advocacy. The Office for the Disabled provides information and referral on a wide variety of topics, including: Accessibility, ADA, Education, Employment, Housing, Transportation, Rehabilitation and more.

For further information, please call the

Office for the Disabled

Monday through Friday (8:30am - 4:30pm)

908-527-4845

TTY please dial 711



THE UNION COUNTY BOARD OF CHOSEN FREEHOLDERS

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The Union County Board of Chosen Freeholders
& the Office for People with Special Needs Present:

Special Needs Recreation Programs

January–March 2018



Learn more: 908-527-4781 • snrec@ucnj.org
www.ucnj.org/disabilities

A Service of the Board
of Chosen Freeholders



UNION COUNTY
We're Connected to You!

Yoga*

Learn yoga techniques. Benefits of yoga include body strengthening, increased flexibility and relaxation. Yoga mats will be provided. Participants are asked to refrain from eating for 2 hours prior.

SESSION 1:

Dates: Jan. 22 – Feb. 26

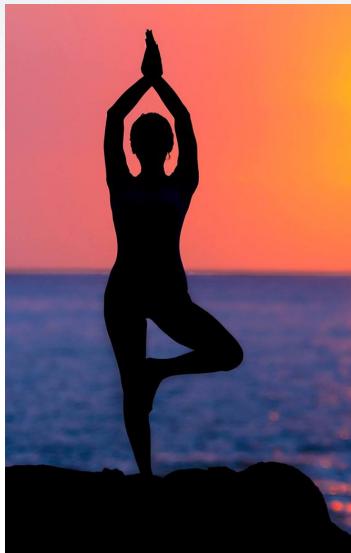
SESSION 2:

Dates: March 5 - April 9

Mondays, 5pm - 6pm

Trailside Nature & Science Center
452 New Providence Road
Mountainside

Registration Fee: \$12



* Program (if marked *) is made possible by funding through the U.S. Department of Housing and Urban Development Community Development Block Grant Program.

** Program (if marked **) is made possible by funding from the NJ Department of Community Affairs, through a Recreational Opportunities for Individuals with Disabilities Grant.

SAVE THE DATE for Spring Programs

Volleyball*

Get your game on for 5 weeks of fun! Volleyball basics, stretches and games. Volleyball will be held at Union County College at the Cranford Campus in the Gymnasium. Please wear sneakers.

Chaperones are required to stay on premises when class is in session.

SESSION 1:

Dates: April 5 - May 3

Thursdays, 7pm - 8pm
Union County College
1033 Springfield Avenue
Cranford

Fee: \$12

Touch A Truck

Youngsters can climb aboard dump trucks, bulldozers, police cars, HAZMAT response units and "The Bear" used by the Union County SWAT team in serious emergencies.

Date: April 29
Sensory Friendly Hour
11am - 12pm

Trailside Nature & Science Center
452 New Providence Road
Mountainside
Fee: \$4/person, ages 6 and under FREE

Spring Fishing Derby**

The East Central District Elks will provide another day of fabulous fishing fun including contests and a hot dog lunch! Enjoy fishing with



your own pole, or use one provided.

Date: May 12
Echo Lake Park
Springfield Avenue
Mountainside

REGISTRATION INSTRUCTIONS

Choose from 2 methods:

- 1.) Register & pay online at ucnj.org/parks-reg
- 2.) Complete & mail this form with your check.

Complete one form for each participant.

Registration is on a first-come, first-served basis. Credits will be given if a program is cancelled due to severe weather or if registrant cancels in advance. No refunds will be issued.

Questions? Call 908-527-4781

Detach and mail this completed form with payment to:

COUNTY OF UNION
The Office for Special Needs
Department of Human Services
10 Elizabethtown Plaza, Elizabeth, NJ 07207
Attention: Manny Ramirez or Nicole DeAugustine

Check Here <input checked="" type="checkbox"/>	Program	Fee
	Yoga Session 1: Jan. 22 - Feb. 26	\$12
	Ceramics Session 1: February 6 & 13	\$8
	Culinary Session 1: February 24	\$8
	Yoga Session 2: March 5 - April 9	\$12
	Lace Up Your Skates: March 10	Free
	Culinary Session 2: March 31	\$8
	Make check or money order payable to "County of Union." DO NOT SEND CASH	TOTAL:

Culinary Delights*

Create a complete meal, from beverage to dessert, then enjoy the delicious meal! Master chefs lead the way. Group homes limited to 2 participants.



SESSION 1:
Dates: February 24

Session 2:
Dates: March 31

Saturdays, 9:30am - 11:00am

Classic Thymes
710 South Avenue
Westfield

Registration Fee: \$8

Ceramics*

Enjoy time with friends while creating a beautiful ceramic keepsake to bring home. Group homes limited to 2 participants. Program runs in conjunction with the City of Linden's Dept. of Recreation.

SESSION 1:
Dates: Feb. 6 & 13

SESSION 2:
Dates: March 5 & 12

Tuesdays, 7pm - 8pm

John T. Gregorio Center
330 Helen Street
Linden

Registration Fee: \$8



Lace Up Your Skates**

FREE ice skating session will be held. Skate guards are on duty throughout the events. Skate-walkers are available for those needing assistance. Food and beverages are provided.



Social Event 1:

Dates: March 10

Saturday, 1:45pm - 3:45pm

Warinanco Sports Center
1 Park Drive
Roselle

Registration Fee: FREE

Recreational Swim

Enjoy our FREE swim sessions. Sign in on arrival. People requiring assistance in the water or locker room must make their own arrangements for an aide. (One aide per person admitted.) Organizations are limited to 5 participants, and must provide a chaperone in the water and locker room (both locker rooms for co-ed groups).

Dates: Jan. 2 - March 27

Tuesdays, 7pm - 8pm

YMCA of Fanwood - Scotch
Plains
1340 Martine Avenue
Scotch Plains

Registration Fee: FREE



2018 REGISTRATION FORM

Recreation Programs for People with Special Needs

Please Print

Participant Name _____ Date of Birth _____

Organization Name (if applicable) _____

Address _____

City _____ Zip _____ Tel _____

Email _____

Classification/Disability _____

Does the participant use assistive devices? (Check) Yes No

If yes, please describe: _____

Are any special accommodations needed? (Check) Yes No

If yes, please describe: _____

Medication _____

Does participant have any allergies? (Check) Yes No

If yes, please describe: _____

Emergency Contact During Program

Name _____ Tel _____

Physician Name & Tel _____

HOLD HARMLESS (Please read carefully)

Patrons of any Union County park and/or open space facility(ies) recognize the risks inherent in the use of said park and/or facility(ies). Other than acts on the part of the County which, if proven in an appropriate court of law, are tantamount to gross negligence, Patrons hereby agree to hold the County harmless from any and all damage resulting to person and/or property from the use of its park and/or open space facilities and hereby releases, waives and forever discharges the County, its servants, agents and/or employees from any and all such claims.

I hereby register (grant permission for) _____ to participate in the programs listed on this form.

I acknowledge that I have read and agreed to the Release, Covenant Not to Sue statement on this page. Yes No

Photo Release: I also give Union County permission to photograph the above named registrant for publicity purposes. Yes No

Signature of Participant/Parent/Guardian/Recreation Leader

Date