



## STANDING MEDICATION ORDERS

The following is a copy of our standing orders for over-the-counter medications. These medications are given as needed to treat symptoms of illness or aches. Please check yes or no if you give permission for these medications to be given to your child. Sign and date at the bottom of the form. ***We will not give any over-the-counter medications unless this form is file for your child.***

### ORAL NON-PRESCRIPTION MEDICATIONS

- YES  NO **Acetaminophen 500mg:** Children 12 years of age and older: For headache, sore throat, pain, or fever. One-two caplets every 4-6 hours prn
- YES  NO **Acetaminophen Jr. Chewable Tablets 160mg:** Every four hours as needed for headache, sore throat, pain or fever. Children (6-8) 2 tablets, Children (9-10) 2 ½ tablets, Children (11) 3 tablets, Children (12 years) 4 tablets.
- YES  NO **Children's Liquid Tylenol (160mg/5ml):** For relief of headache, sore throat, pain, or fever. Children (6-8) 2 tsp. every 4 hours prn. Children (9-10) 2 ½ tsp. Every 4 hours prn. Children (11) 3 tsp. every four hours prn.
- YES  NO **Ibuprofen 200mg:** Children 12 years of age and older: One to two tablets every 4-6 hours for pain or menstrual cramps. (Do not exceed 6 tablets in 24 hours)
- YES  NO **Children's Ibuprofen 100mg/5ml:** For relief of fever, minor aches and pains. Dosage: Children 6-8years 2 tsp., 9-10 years: 2½ tsp., 11 years: 3 tsp. Dose may be repeated every 6-8 hours prn.
- YES  NO **Tussin DM Cough Formula:** For relief of coughs and chest congestion. Children 12 years and older: 2 tsp. every 4 hours prn. Children 6-12 years: 1 tsp. every 4 hours prn. Children under 6: ½ tsp every 4 hours prn.
- YES  NO **Sore Throat Spray:** For relief of sore mouth, sore throat pain, and canker sores. Children 12 years and older: Spray 5 times on affected area. Children under 12 years: Spray 3 times.
- YES  NO **Children's Dimetapp Cold and Allergy:** for relief of nasal congestion, sneezing, runny nose, itchy, watery eyes. Children 12 years and older: 4 tsp. every 4 hours prn, Children 6-12 years: 2 tsp. every four hours prn.
- YES  NO **Suphedrine 30mg:** For relief of nasal congestion. Children 12 years and older: 2 tablets every 4-6 hours prn. Children 6-12 years: 1 tablet every 4-6 hours prn.
- YES  NO **Benadryl 25 mg:** For relief of runny nose, sneezing, itching of the nose or throat, and itchy, watery eyes. Children 12 years and older: 1-2 tablets every 4-6 hours prn. Children 6-12 years: 1 tablet every 4-6 hours prn.
- YES  NO **Antacid Tablets 500mg (Tums):** For relief of acid ingestion and heartburn. Chew 2-4 tablets as symptoms occur.

### TOPICAL NON-PRESCRIPTION MEDICATIONS

- YES  NO **Triple Antibiotic Ointment (bacitracin):** To help prevent infection in minor cuts, scrapes, and burns.
- YES  NO **Hydrocortisone 1% Cream:** For relief of itching associated with rashes and inflammation. Apply to affected area 3-4 times a day.
- YES  NO **Diphenhydramine Hydrochloride 2% (Benadryl Cream):** Used for relief of itching from insect bites or rashes from plants, such as poison ivy. Apply to affected area 3-4 times a day. Consult a physician for children under 12 years of age.
- YES  NO **Eye wash (sterile isotonic solution) :** For cleansing of irritated eyes and/or removal of loose foreign material. Apply drops to eyes as needed.

### OTHER

- YES  NO Warm Packs or Soaks for infection.
- YES  NO Cold Packs for sprains, bruises, or other traumatic injuries.
- YES  NO Povidone Iodine Scrub Solution as needed for cleansing of wounds.
- YES  NO Aloe Vera Gel or Lotion for sunburn.
- YES  NO Cough Drops for cough.
- YES  NO Carmex for cold sores, fever blisters, and chapped lips.
- YES  NO Anbesol for cold sores/canker sores.

I consent to the use of these over-the counter medications for my child. They will only be administered as needed and as ordered.

Camper Name: \_\_\_\_\_

Parent/Caretaker Name: \_\_\_\_\_

Parent/Caretaker Signature: \_\_\_\_\_

Date: \_\_\_\_\_