

PLAY THERAPY AND TRACK A – THE FAST TRACK TO BECOMING AN RPT!

WHAT IS PLAY THERAPY?

Play is described as the child's world of "make-believe, and play therapy is "a safe place to work through inner conflicts, where toys are used as tools". For the therapist, it is one of the best places to learn about the child's inner thoughts, personality, worries and wishes (Irwin). Giants in the field such as Virginia Axline, Clark Moustakas, Carl Rogers and Haim Ginon have contributed much to the early development of play therapy. Garry Landreth and Louise Guerney later also made significant contributions. Play therapy is a specialized field in which the trained therapist creates an environment where the child uses play to heal.

WHY BECOME A REGISTERED PLAY THERAPIST?

Mental health services for children ages 3-10 requires specialized training in play therapy. Play therapy is a skill that is not heavily taught in graduate school. Our play therapy institute provides 150 hours of intensive training in play therapy and child psychotherapy to provide the expertise needed to bring about healing to children who present with trauma, behavioral issues, emotional dysregulation, anger, rage, grief and loss, and many other symptoms. Play therapy is no longer a well-kept secret the way it was when we first began the institute in 1997. With extensive research through the efforts of the Association for Play Therapy, this practice is shown to be evidenced-based.

HOW TO BECOME A REGISTERED PLAY THERAPIST:

This is a credentialing process through the Association for Play Therapy (APT), a nationwide organization located in California. After completing 150 hours of training and clinical supervision in play therapy, an application is submitted to the APT. Please contact the APT to determine how many supervision hours needed. CBPS provides over 150 hours of training. Our APT approved provider number is 97-034. You must be a licensed mental health provider and meet other requirements specified by the APT. Content of training includes history, theory, techniques/methods, and the application of play therapy to special populations and in special settings as recommended by APT. CBPS offers the recommended balance of 150 of play therapy training for one low cost with our Track A program. Your credentials would be RPT (Registered Play Therapist). In addition to 150 hours of training, 35-50 hours of play therapy supervision is required, contact APT website for full details. You may also become an RPT-S (Registered Play Therapist-Supervisor). The credential provided is not a license. To obtain first-hand information on how to become an RPT, please visit the APT website at www.a4pt.org or call Tel. # 559-294-2128.

WHAT IS TRACK A?

Anyone may register for ALL or any training. Track A is for individuals who are pursuing credentials as a Registered Play Therapist and would like to pay a discounted fee for the 150 hours of Play Therapy training. If you are pursuing credentials, we suggest you take the training in the order presented. Training workshops begin with basic play therapy information and progress to more complex topics. Training is offered one or two weekends per month. If a participant registers for a training and does not attend without prior notification of cancellation (10 days or more prior to the event) they will be charged a \$25 fee for the handout. The 150 Hours of training must be completed within 2 years. See Track A application and schedule (on pages 8 - 14) for more information.

COST

The cost for most individual workshops is \$125.00-\$150.00 per day. Two days is \$300.00-\$318.00. Some workshops have special fees. Cost includes CE certificate unless otherwise noted. Cost for Track A is \$2500.00, which represents a **\$925 savings**. This cost includes 150 hours of training and 150 CE/Clock Hours approved thru the APT and does not include cost for clinical supervision. You may pay the entire fee or use our payment plan. Please add an additional \$125.00 if you need to use our payment plan. We accept credit card payments, checks, and PayPal payments. Please make checks payable to CBPS.

For those in Track A, payment is in full or a \$625.00 initial payment with completed application. The cost for returned checks and late payments is \$25.00 each.

Please consult your employer regarding funding. Several past participants have been successful in obtaining funding from employers. If you are active in a religious organization, consult your clergy. You may be able to offer FREE clinical services in exchange for funding. Another creative way is to sponsor a workshop and invite other agencies to participate. Grant funding may also be pursued.

HOW TO REGISTER FOR TRACK A

Complete the application form on our website and send to us via mail, email, or fax with payment. If participating in a payment plan the initial \$553 payment must accompany or precede the application.

TRAINING CATEGORIES

The play therapy content area offered is as follows and is recommended by the APT (but not required).

Play Therapy History (4 – 5 hours recommended):

- History, Theory & Foundation of Play Therapy: 6 hours

Total Hours: 6

Play Therapy Theories (40 – 50 hours recommended):

- Child-Centered Play Therapy – (Experiential with Children – during Boot Camp only), Day 1 & 2: 12 hours
- Gestalt Play Therapy for Children & Adolescents, 2 days: 12 hours
- Introduction to Sandtray Play Therapy, Day 1: 6 hours
- Adlerian Play Therapy, 2 days: 12 hours
- Filial Play Therapy, 2 days: 12 hours

Total Hours: 48

Play Therapy Techniques and Methods (40 – 50 hours recommended):

- Kaleidoscope of Play Therapy Techniques: 6 hours
- Use of Art in Play Therapy to Understand Child Development: 6 hours
- Teaching Social Skills Using CBT & Play Therapy: 6 hours
- Innovative Healing Play Therapy Techniques: 6 hours
- Use of Expressive Arts in Play Therapy: 6 hours
- Art as a Neurosequential Approach to Treating Developmental Trauma in Children in Play Therapy- Day 1: 6 hours
- Play Therapy Based Applications for Trauma-Focused CBT with Children: 6 hours
- School-Based Play Therapy: 6 hours
- Sandtray Play Therapy with Children & Adolescents: 6 hours

Total Hours: 54

Play Therapy Applications (special settings or populations, 40 – 50 hours recommended):

- Effective Parenting Strategies for Play Therapists & Child Psychotherapists: 6 hours
- Traumatic Grief in Play Therapy: 6 hours
- Groups for Adolescents Using Drama & Play Therapy: 6 hours
- Managing the Angry Child Using Play Therapy & CBT: 6 hours
- Play Therapy with Children on the Autism Spectrum: 6 hours
- Art as a Neurosequential Approach to Treating Developmental Trauma in Children in Play Therapy- Day 2: 6 hours
- Understanding & Treating Trauma in Children Using Drama & Play Therapy: 6 hours
- Cognitive Behavior Play Therapy Interventions for Children with Anxiety: 6 hours
- Creative Play Therapy Interventions for Bereavement and Divorce: 6 hours
- Guiding Parents and Teachers in Supporting Young Children's Development Through Play Therapy: 6 hours
- Play Therapy for Sexually Traumatized Children: 6 hours
- Ethical Dilemmas in Play Therapy: 6 hours
- Multicultural Issues in Play Therapy: 6 hours
- Helping Foster Children & Teens Heal Broken Attachments through Play Therapy Techniques: 6 hours
- Play Therapy Skills Lab – Directive & Non-Directive: 6 hours
- Play Therapy Skills Lab – Use of Art: 6 hours
- Sandtray Play Therapy with Children & Adolescents: 6 hours
- Effective Use of Puppets in Play Therapy: 3 hours
- Putting it All Together – Comprehensive Self-Evaluation of the Play Therapy Process: 6 hours

Total Hours: 105

CERTIFICATE OF COMPLETION

After completing 150 hours of training, a certificate of completion is awarded by CBPS.

For Track A Participants

Please email us at cbpssw@gmail.com or cbps2006@yahoo.com at least 5 business days prior to the training to let us know you will not be attending the training for which you are registered.

Track A: Play Therapy Training Application Instructions

"I want to be a Registered Play Therapist!"

Payment:

Payment is \$2500.00 in full or you may use our payment plan. Only Track A workshops are included (any play therapy workshop unless otherwise noted). You may attend other workshops but at an additional cost.

Cost includes:

- 150 hours of play therapy training taken within 2 years
- 150 CEUs
- Certificate of Completion of 150 hours of play therapy training

Why Become A Registered Play Therapist:

- Increase knowledge and expertise working with children.
- Increase confidence and comfort level.
- Improve credibility with parents and behavioral health insurance companies
- Increase revenue and referrals to your practice
- Add RPT to existing credentials

2017 Track A: Play Therapy Training Application

Name _____ Discipline _____

Title _____ Type of License _____

Home Address _____ City _____ State ____ Zip _____

Home Phone _____ Cell Phone _____

Email Address _____

Employer's Name _____

Employer's Address _____ City _____ State ____ Zip _____

Work Phone _____

Check all that apply:

- I agree to complete the Track A curriculum within the 2 years of first training taken in Track A and keep track of workshops I have attended so that I may give an accounting of my hours.

- I agree to submit a full payment of \$2500.00 to CBPS for my Track A training.

OR

- I agree to an individual payment plan (\$2500.00 + \$125.00) totaling \$2625.00. The payment plan consists of a \$625.00 down payment immediately followed by 10 consecutive monthly payments of \$200.00.

- I agree to pay the late payment fee of \$25 if I do not pay on the due date (end of month).

- I agree to pay the returned check fee of \$25 should the payment not go thru.

- I understand that there is no refund after 30 days of being in the program.

- I agree to pay the no show/handout fee of \$15.00 if I do not show up to a training I registered for without emailing more than one week ahead of time to cancel.

(Signature)

(Date)

I will submit my monthly payment by:

- PayPal

Email Address: _____

- Credit Card

Name on Card _____ Card # _____

CC (#on back of card) _____ Exp. Date _____

Signature _____

- Check

Submitted to Chesapeake Beach Professional Seminars
3555 Ponds Wood Drive, Chesapeake Beach, MD 20732

*To be credentialed as a registered play therapist, you must be a licensed mental health professional. The credential is not a license. One hundred fifty (150) hours of play therapy specific training and clinical supervision is required Please consult the Association for play therapy directly for more details and information.

(Signature)

(Date)