SCHOOLHOUSE GRILL
School Meal Specialist

Montessori School of Chantilly

December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	**4**	**5**	**6**	**7**
Italian Spaghetti w/ Bolognese (non-beef) Sauce ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Italian Spaghetti w/ Marinara; Fresh or Chilled Fruit	Baked Chicken Fingers 3 ea California Mixed Vegetables ¼ c Veggie: Morningstar Chik'n Nuggets 4 ea Fresh or Chilled Fruit	Creamy Chicken Penne Alfredo ½ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Penne Alfredo Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub 1 ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Double Cheese Sub Fresh or Chilled Fruit	Northwestern Pollock Fish Bites 3 ea Cooked Carrot Coins ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit
10	**11**	**12**	**13**	**14**
Whole Grain Baked Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik'n Nuggets 4 ea Fresh or Chilled Fruit	Creamy Mac & Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Four Cheese Ravioli w/ Marinara Sauce ½ c California Mixed Vegetables ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Rice ¼ c Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Veggie Balls over Rice Fresh or Chilled Fruit
17	**18**	**19**	**20**	**21**
Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c Fresh Green Beans ¼ c Veggie: Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce Fresh or Chilled Fruit	Beef Taco Rice Bowl (Beef Taco 2 oz over Rice ¼ c w/ Cheddar Cheese); Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Bean Rice Bowl Fresh or Chilled Fruit	Cheesy Baked Ziti ½ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Flame Grilled Hamburger on Bun 1 ea Cooked Sweet Baby Peas ¼ c Veggie: Veggie BOCA Burger Fresh or Chilled Fruit	Baked Chicken Fingers 3 ea Sweet Yellow Corn ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit
24	**25**	**26**	**27**	**28**
Mini Turkey Corn Dog Nuggets 4 ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Chik'n Nuggets 4 ea Fresh or Chilled Fruit	Christmas Day Holiday	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Italian Spaghetti w/ Bolognese (non-beef) Sauce ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Italian Spaghetti w/ Marinara; Fresh or Chilled Fruit	Teriyaki Chicken 2 oz over Enriched Long Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Fried Rice Fresh or Chilled Fruit
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Whole Grain Baked Chicken Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit		THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS	Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce