



Celebrate National Nutrition Month

Enhance your wellness program with onsite services.

[Click Here to Download and Share March Well-Aware News](#)

March - National Nutrition Month

Bring a Registered Dietitian onsite for:

Cooking Class
Private Coaching Session
Snack 'n Chat Seminar

Save 10%
(\$40 - \$100 savings)

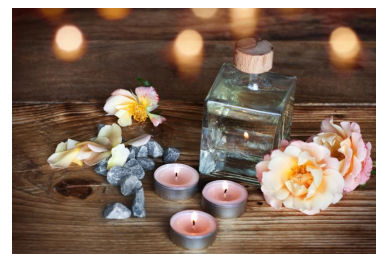
Promotion Good Through March 31, 2017.
Contact 888.684.6064 for more information.



April - Stress Awareness Month

Create a relaxing oasis at work with HFC's DeStress Lounge.
Choose from a variety of relaxing services to expose
employees to healthy ways to combat stress!

Save 10%
Promotion Good Through April 30, 2017.



[DeStress Lounge...](#)

Click above for details
...relax & enjoy