**Evaluation Form**

Event Title: The Acceptance and Commitment Therapy (ACT) Matrix: From Therapeutic Tool to Map for Recovery

Location/Date: Woodfords Club, Portland, ME June 8, 2018

Presenter (s): Joel Guarna, PhD

**Please rate each of the following statements on a scale of 1 to 5:**

Strongly Strongly

Disagree Agree

***Workshop Description***

The description of the event was totally clear 1 2 3 4 5

The description helped me decide to enroll 1 2 3 4 5

***Workshop Content***

The event content was consistent with its description 1 2 3 4 5

The content was at the advertised difficulty level 1 2 3 4 5

I will be able to apply the concepts/activities presented 1 2 3 4 5

***Workshop Objectives***

**Based on the content of the workshop, I am able to:**

|  |  |
| --- | --- |
| 1. Explain the basic components of the ACT Matrix. | 1 2 3 4 5 |
| 2. Use the Matrix to sort a personal experience, the experience of a client/patient (from memory), and the experience of another attendee via role-play. | 1 2 3 4 5 |
| 3. Formulate (from memory) a client/patient problem using the Matrix and summarize this formulation to another attendee. | 1 2 3 4 5 |
| 4. Summarize the basic parameters of the “Map for Recovery” (5 Phase Model). | 1 2 3 4 5 |
|  |  |

Strongly Strongly

Disagree Agree

***Presenter: Joel Guarna***

The presenter seemed to be knowledgeable concerning the

topic(s) covered 1 2 3 4 5

The presenter was skillful in presenting the workshop content 1 2 3 4 5

The presenter was well organized/prepared 1 2 3 4 5

The presenter encouraged learner participation 1 2 3 4 5

The presenter covered the material thoroughly 1 2 3 4 5

***Supplemental Materials***

The material was comprehensible 1 2 3 4 5

The material is likely to be useful as a future reference 1 2 3 4 5

***Audio/Visual Aids***

The audio visual were very clear and easy to read 1 2 3 4 5

***Setting/Facilities***

The number of participants was ideal in helping me 1 2 3 4 5

accomplish the objectives

The facilities used for this event were ideal 1 2 3 4 5

The length of the event was appropriate 1 2 3 4 5

***Overall Evaluation of the Event***

Overall, the event was excellent 1 2 3 4 5

**Comments or other feedback** :