

People: One-Page Personal Plan (OPPP)



Name _____

Date _____

		Relationships	Achievements	Rituals	Wealth (\$)
FAITH	10-25 Years (Aspirations)				
FAMILY	1 Year (Activities)				
FRIENDS					
FITNESS	90 Days (Actions)	Start	Start	Start	Start
Stop		Stop	Stop	Stop	
FINANCE					