



JANUARY | 2022

SMCCHS/SCCS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Green</p> <p>Pepperoni Pizza Mixed Vegetables Strawberry/Lemonade Ice Milk</p>	<p>4</p> <p>Yellow</p> <p>Pulled Pork Sandwich Broccoli Apple Fruit Roll-up Milk</p>	<p>5</p> <p>Blue</p> <p>Hot Dog / Bun Baked Beans Green Beans Mixed Fruit Milk</p>	<p>6</p> <p>Orange</p> <p>Teriyaki Chicken Rice Peas & Carrots Fruit Cup Milk</p>	<p>7</p> <p>White</p> <p>Cheese Quesadilla Salsa Corn Apple Milk</p>
<p>10</p> <p>Pink</p> <p>Hamburger / Bun Cheese / Pickles Oven Potatoes Box of Raisins Milk</p>	<p>11</p> <p>Green</p> <p>Bean & Cheese Burrito Corn Applesauce Frozen Yogurt Cup Milk</p>	<p>12</p> <p>Yellow</p> <p>Chicken Patty/Bun Cooked Carrots Juice Box Cookie Milk</p>	<p>13</p> <p>Blue</p> <p>Turkey Sub Chips/Pretzels Green Beans Mixed Fruit Milk</p>	<p>14</p> <p>Orange</p> <p>Cheese Pizza Broccoli Apple Milk</p>
<p>17</p> <p>MLK DAY</p> <p>NO SCHOOL</p>	<p>18</p> <p>White</p> <p>Calzone Italian Blend Vegetables Diced Peaches Milk</p>	<p>19</p> <p>Pink</p> <p>Popcorn Chicken Broccoli Blueberries Rice Krispie Treat Milk</p>	<p>20</p> <p>Green</p> <p>Soft Taco w/Cheese Corn Apple Milk</p>	<p>21</p> <p>Yellow</p> <p>Bosco Stick Sauce Cooked Carrots Applesauce Milk</p>
<p>24</p> <p>Blue</p> <p>Chicken Nuggets Broccoli Mandarin Oranges Cheese Stick Milk</p>	<p>25</p> <p>Orange</p> <p>Hamburger / Bun Cheese / Pickles Baked Beans Oven Potatoes Diced Peaches Milk</p>	<p>26</p> <p>White</p> <p>Mini Corn Dogs Cooked Carrots Diced Pears ZeeZee Bar Milk</p>	<p>27</p> <p>Pink</p> <p>Chicken Gravy over Mashed Potatoes Peas Apple Roll Milk</p>	<p>28</p> <p>Teacher In-Service</p> <p>NO SCHOOL</p>
<p>31</p> <p>Yellow</p> <p>Cheese/Pepperoni Jammer Green Beans Applesauce Fruit Roll-up Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

NEWS

Wellness Tip: Move More!
Try to get 30-60 minutes of physical activity each day. Make playtime with your family fun.

"This is an Equal Opportunity Provider"