



DECEMBER | 2021

SMCCHS/SCCS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29

30

1

2

3

Green
Hot DOg / Bun
Chips & Pretzels
California Blend - Vegetables
Apple
Milk

Yellow
Goulash
Italian Blend Vegetables
Applesauce
Breadstick
Milk

Blue
Toasted Cheese
Carrot Sticks w/ Ranch
Green Beans
Mixed Fruit
Milk

6

7

8

9

10

Blue
Hamburger / Bun
Cheese / Pickles
Green Beans
Mixed Fruit
Milk

Orange
Pepperoni Pizza
Cooked Carrots
Strawberries
Fruit Roll-Up
Milk

White
Baked Corn Dog
Broccoli
Juice Box
Cookie
Milk

Pink
Walking Taco
Salsa
Black Beans
Corn
Diced Pears
Milk

Green
Bosco Stick
Sauce
Italian Blend Vegetables
Apple
Milk

13

14

15

16

17

Yellow
Baked Chicken Nuggets
Broccoli
Applesauce
ZeeZee Bar
Milk

Blue
Salisbury Steak
Mashed Potatoes / Gravy
Peas
Mixed Fruit
Muffin
Milk

Orange
Turkey Sub
Cooked Carrots
Apple
Rice Krispie Treat
Milk

White
Chicken Patty Sandwich
Corn
Baked Beans
Wild Berry Ice
Milk

Pink
Cheese Pizza
Green Beans
Diced Peaches
Milk

20

21

22

23

24

CHRISTMAS



27

29

30

BREAK



NEWS

Wellness Tip: Eat more vegetables and fresh fruits. Aim for 1½ - 2 cups of fruit and 2½ cups of vegetables each day.

"This is an Equal Opportunity Provider"