

Sunday, November 20

12:00 PM - 3:30 PM

Cape Codder
1225 Iyannough Rd,
Hyannis, MA



Agenda

12:00 PM – 12:30 PM

Registration, lunch, and meet with local experts

12:45 PM – 1:45 PM

Keynote Speaker

2:00 PM – 3:00 PM

Parent Workshops

3:00 PM – 3:30 PM

Wrap Up and Resources

My Choice Matters : Parenting to Prevent Substance Use

2016 First Annual Parent Summit

Parents and caregivers of children of all ages
are invited to attend this **FREE** event

Free Childcare

Local Experts & Resources

Parent Toolkit

Keynote

The Teen Brain and Risk Taking

Dr. Ruth Potee M.D.

Ages 0-7

Raising Healthy Families

Cindy Horgan, Executive Director
Cape Cod Children's Place

Ages 8-14

Risky Business: Promoting Protective Factors

Traci Wojciechowski, Regional Director
Student Assistant Programs, Caron

Ages 15-21

Stressed Out: A Millennial's Anthem

Tom Hermanowski, Founder
Alcohol & Drug Abuse Prevention Training

If you are deaf or hard of hearing or a person with a disability who requires an accommodation, contact the Department of Human Services at 508-375-6628 or TTY 508-362-5885.

Requests for sign language interpreter must be made by November 1, 2016.

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Need more
information?

Contact Kim Slade at
kim.slade@barnstablecounty.org
508-375-6845



My Choice Matters : **Parenting to Prevent Substance Use**

First Annual Parent Summit

My Choice Matters: Parenting to Prevent Substance Use is for parents of all ages and is designed to provide Cape Cod parents with information from local experts on strategies for positive, effective parenting and practical tips for communicating with their children. When it comes to substance use, choice matters – as parents and as community members. Believing that “My Choice Matters,” we are empowered to make decisions that have a positive impact on our lives and the lives of those around us.

Registration

www.tinyurl.com/capecodparentsummit

*This event is brought to you by the **Barnstable County Regional Substance Use Council**. Consisting of representatives from local government, elected officials, law enforcement, courts, schools, healthcare providers, and community coalitions, the RSAC was convened in 2014 by the Barnstable County Department of Human Services in response to a need for regional coordination around the issue of substance use.*