

DIABETES ASSOCIATION OF ATLANTA, INC.



GEORGIA DIABETES SYMPOSIUM

FOR HEALTH PROFESSIONALS



EXPERIENCE A FULL DAY OF CONTINUING EDUCATION!

Saturday, November 12, 2016

Atlanta Marriott Marquis
265 Peachtree Center Avenue

Atlanta, GA 30303

8:30 a.m. – 5:00 p.m.

CDE RN RD PHARM D CHES

Learn | Explore | Ignite

SPECIAL ACKNOWLEDGMENT

SPONSORS

This activity has no commercial support or sponsorship

SPEAKERS

Michelle Bravo, RD, CDE
Yiling Cheng, MD, PhD
Michael Crooks, PharmD
Carl Goolsby, MD
Darin Olson, MD, PhD
Monica W. Paker, MD
Fritz Jean-Pierre, MD, FACS, FASMBS
Sarah Piper, MPH, CDE
Betsy Rodriguez, MSN, DE

Ashli Owen-Smith, PhD, SM
Glenda Summerville, DNP, BC-ADM, CDE, FNP-C
Patricia Tatro, LCSW, MSW, MSM
Whitney Wharton, PhD

PLANNING COMMITTEE

Lisa Graham, RN, CDE
CaSonya Green, MA, CHES, CDE
Gerald Griffin, RPh
LaShonda Hulbert, MPH
Jessica Knopf, MSW
Sarah Piper, MPH, CDE
Glenda Summerville, DNP, BC-ADM, CDE, FNP-C

WELCOME TO THE **2016** **G**EOORGIA **D**IABETES **S**YMPOSIUM FOR HEALTH PROFESSIONALS

Welcome to the 2016 Georgia Diabetes Symposium for Health Professionals, a premier learning and networking experience crafted especially for you! The Diabetes Association of Atlanta, Inc. has collaborated with the best and brightest to provide a learning experience that will hopefully ignite a new way you educate and serve those affected by diabetes. We hope participants will enjoy the multiple education sessions, keynote speakers, exhibitors and chance to meet and greet health professionals from across the region! Again, the GDS16 planning committee and agency staff extends the warmest welcome and hope you enjoy the City of Atlanta!

Diabetes Association of Atlanta, Inc. Staff

Carol Johnson Davis, Executive Director

Karla Daniels, Director of Development

Patricia Addie-Gentle, Education Coordinator

LaShonda Hulbert, MPH, Screening Coordinator

Amber Johnson, Office Coordinator



GDS16 REGISTRATION

Early Bird Special \$70.00

(Begins August 3rd!)

Pre-Registration \$80.00

(Begins September 8th!)

Onsite Registration \$90.00

Students \$25.00

Area Information

The Marquis is minutes away from popular Atlanta attractions such as the World of Coca-Cola, Georgia Aquarium, Centennial Olympic Park and The College Football Hall of Fame!

Special Room Rate of \$149 per night for symposium guests!

Special rate ends October 28, 2016!

Visit www.atlantamarriottmarquis.com or call 404-521-0000 to book your room today!

Valet parking is available for \$11/day. Overnight parking is \$20/day.

Public parking is available surrounding the hotel. Fees Vary.

SYMPOSIUM GOALS & OBJECTIVES



The goal of the Georgia Diabetes Symposium for Health Professionals is to enable the learner to increase his or her knowledge of clinical and community tools for diabetes management and patient care, promote successful patient outcomes and encourage knowledgeable provider communication and education in accordance with the AADE 7 Self Care Behaviors.

The comprehensive program is designed for all health professionals serving the diabetes community including, but not limited to, registered dietitians, registered nurses, pharmacists, certified diabetes educators, certified health education specialists, and community health workers. Led by outstanding experts in the field, there will be robust presentations and seminars, case discussions and question and answer periods. The classes will also provide health professionals with multiple continuing education credits. Patient attendees can expect an afternoon of interactive classes including a healthy cooking demonstration, stress management tools and a low-impact exercise class.

MEET THE KEYNOTE SPEAKER

Dr. Darin Erik Olson graduated from Boston University School of Medicine in 1997. Currently, Dr. Olson specializes in Endocrinology, Diabetes & Metabolism and has over 19 years of experience in medicine. Dr. Olson has been an Endocrinologist for 12 years with a special interest in diabetes. He is currently working on several projects related to diabetes and tissue engineering with funding from the National Institute of Health (NIH), American Diabetes Association (ADA), Department of Veterans Affairs (VA), and others. Additionally, Dr. Olson has been cited in over 25 research publications. Dr. Olson is a board member Team Type 1, a non-profit foundation to “instill hope and inspiration for people around the world affected by diabetes”. Currently, Dr. Olson sees patients in the Diabetes and Endocrine Clinics at the Atlanta Veterans Affairs Medical Center. In his free time, Dr. Olson enjoys playing soccer.



We welcome Dr. Olson to the 2016 Georgia Diabetes Symposium and look forward to his keynote address, “Exercise and Diabetes”.

GDS 16 Schedule

At-A-Glance

7:30 a.m. – 8:30 a.m.	Registration/Exhibitors/Morning Coffee
8:30 a.m. – 8:45 a.m.	Welcome/Announcements
8:45 a.m. – 9:45 a.m.	Morning Keynote
9:55 a.m. – 10:55 a.m.	Breakout Session No. 1
11:05 a.m. – 12:05 p.m.	Breakout Session No. 2
12:05 p.m. – 1:05 p.m.	Lunch / Exhibitor Break
1:10 p.m. – 2:10 p.m.	Breakout Session No. 3
2:10 p.m. – 2:40 p.m.	Afternoon Coffee / Exhibitor Break
2:40 p.m. – 3:40 p.m.	Breakout Session No. 4
3:50 p.m. – 4:50 p.m.	Afternoon Panel Discussion
4:50 p.m. – 5:00 p.m.	Closing Remarks / Program Evaluations

This activity has been submitted to the American Association of Diabetes Educators for approval to award contact hours. The American Association of Diabetes Educators is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity is eligible for ACPE credit; see final CPE activity announcement for specific details. The American Association of Diabetes Educators is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Prior-approval of programs or materials does not constitute endorsement of a provider, program, or material.

For more information regarding contact hours, please call LaShonda Hulbert at 404-527-7150 or email her at lhulbert@diabetesatlanta.org

*Sponsored by The Diabetes Association of Atlanta, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to **6** total Category I continue education contact hours.*



Symposium Program

Continuing Education Credit

To earn continuing education credit, you must attend the entire class session and complete a program evaluation and attendance sheet.

A Continuing Education statement of credit – reflecting hours attended at educational sessions- will be generated after completion of the evaluation process.

Requirements for Successful Completion: *For successful completion, participants are required to be in attendance in the full activity, complete and submit the program evaluation at the conclusion of the educational event.*

Activity Type: *Knowledge-Based*

7:30 a.m. – 8:30 a.m.

Registration, Exhibitors, Morning Coffee

8:30 a.m. – 8:45 a.m.

Main Ballroom

Symposium Welcome & Announcements

KEYNOTE ADDRESS

8:45 a.m. – 9:45 a.m.

Main Ballroom

1.0 CEU

Exercise and Diabetes

Darin Olson, MD, PhD

Staff Physician and Assistant Professor of Medicine, Atlanta VAMC & Emory University School of Medicine

- Explain the effects of exercise on blood sugar
- Discuss the benefits of exercise in patients with diabetes
- Analyze the treatment considerations when exercising with diabetes

Breakout Session No. 1

Please select one class to attend.

9:55 a.m. – 10:55 a.m.

1.0 CEU

Overview and Update on the National Diabetes Prevention Program

Sarah Piper, MPH, CDE

Director of Training, Emory University Diabetes Training and Technical Assistance Center

- Describe the goals and structure of the National Diabetes Prevention Program (DPP)
- Understand the difference between the DSME programs and the National DPP Lifestyle change Program
- Describe the current state of delivery of the National Diabetes Prevention Program

Using Colorful Trinkets to Help Deal with Health Literacy and Diabetes Self-Management Education

Betsy Rodriguez, MSN, DE

Deputy Director, Centers for Disease Control and Prevention

- Explain how health literacy and numeracy affect people with diabetes understanding of diabetes related health information and skill.
- Discuss at least 2 questions to discover the health literacy demand for numeracy and diabetes behavior
- List at least 2 techniques to address health literacy demands of people with diabetes

Breakout Session No. 2

Please select one class to attend.

11:05 a.m. – 12:05 p.m.

1.0 CEU

Shared Medical Appointments in Primary Care for Diabetes Physical Activity

Carl Goolsby, MD

Medical Doctor/Family Practice, WellStar East Paulding Primary Care Center

&

Glenda Summerville, DNP, BC-ADM, CDE, FNP-C

Family Practice Nurse and Certified Diabetes Educator, WellStar East Paulding Primary Care Center

- Explain an overview of Shared Medical Appointments for Diabetes
- Demonstrate the preparation for action
- Analyze challenges observed to date

Effectiveness and Efficiency with Real Time Continuous Glucose Monitoring

Michelle Bravo, RD, CDE

Senior Territory Business Manager, Dexcom, Inc.

- Discuss effectiveness and efficiency with real time Continuous Glucose Monitoring
- Identify the utility of the new continuous Glucose Sensors in diabetes care

12:05 p.m. – 1:05 p.m.

Main Ballroom

Lunch & Exhibitors

Breakout Session No. 3

Please select one class to attend.

1:10 p.m. – 2:10 p.m.

1.0 CEU

Trends in Hearing Impairment and Its Association with Diabetes

Yiling Cheng, MD, PhD

Epidemiologist, Centers for Disease Control and Prevention

- Describe the burden of hearing impairment among persons with diabetes
- Demonstrate the secular trends in hearing impairment among person with and without diabetes
- State the association of diabetes and hearing impairment

Diabetes Treatment: More than Medical

Patricia Tatro, LCSW, MSW, MSM

Community Diabetes Support Social Worker, Children's Healthcare of Atlanta

- Identify the various systems that influence diabetes management
- Discuss the role of the mental health provider in diabetes management
- Identify psychosocial factors in diabetes care

Breakout Session No. 4

Please select one class to attend.

2:15 p.m. – 3:15 p.m.

1.0 CEU

Promoting Adherence to Improve Effectiveness of Cardiovascular Disease Therapies: The Prompt Study

Ashli Owen-Smith, PhD, SM

Assistant Professor of Health Management and Policy, Georgia State University

- Describe the current state of the literature related to behavioral interventions for improving medication adherence among individuals with cardiovascular disease and/or Type II diabetes
- Explain the Prompt Intervention methods and results
- Discuss the implications of the Prompt Intervention results and propose how these findings might be disseminated to and used by other health care delivery systems.

Bariatric & Metabolic Surgery for the Treatment of Metabolic Disorders

Fritz-Jean Pierre, MD, FACS, FASMBS

Medical Director of Bariatric Surgery and Bariatric Surgeon, WellStar Kennestone Regional Medical Center

- Discuss the current surgical options available for the treatment of morbid obesity and obesity related comorbidities; include Type II DM.
- Discuss the physiological changes created with bariatric surgery and how they may lead to metabolic improvements

Find the Right Fit: Diabetes Education Program Options for Your Practice

Michael Crooks, PharmD

Pharmacy Interventions Technical Lead and DEEP lead trainer, Alliant Quality

- Describe 4 types of Diabetes Self-Management Education (DSME)
- Compare the various types of DSME programs
- List Medicare benefits for DSME, Medical Nutrition Therapy and Diabetes Prevention Program

3:15 p.m. – 3:45 p.m.

Main Ballroom

Exhibitors & Afternoon Coffee

Panel Discussion

3:50 p.m. – 4:50 p.m.

Main Ballroom

1.0 CEU

Diabetes and Brain Health: Prevent Disease and Preserve Function

Monica W. Parker, MD

Assistant Professor of Neurology, Emory University

&

Whitney Wharton, PhD

Assistant Professor, Emory University

- Define Alzheimer's and other Dementias
- Discuss how Diabetes contribute to brain and vascular disease
- Recognize the need for inclusion in clinical research participation for Alzheimer's and Diabetes studies

4:50 p.m. – 5:00 p.m.

Main Ballroom

Closing Remarks/ Program Evaluations

Diabetes Association of Atlanta



ABOUT US

Our mission is to promote community awareness and healthy living to aid in the prevention and management of diabetes through innovative community programs.



SERVICES

- ✓ Self-Management Education
- ✓ Early Detection
- ✓ Medical Assistance Program



The Diabetes Association of Atlanta, Inc. is a non – profit agency providing services to the people affected by diabetes living in the thirteen county metro Atlanta areas.



404-527-7150



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Like our Page!

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To learn more about DAA or to request our services, please visit:

www.diabetesatlanta.org

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