

Dear Reuben,

Every day in this new and unsettling political world, it seems as if we are bombarded with news about previously unthinkable policy changes. And frequently, trying to respond leaves many of us feeling confused and hopeless.

**I'm writing to you now to join MAZON in an urgent and meaningful opportunity to fight back against attacks on essential federal nutrition programs by the Trump Administration**

**and Congressional Republicans.** The President's budget and the policies being planned by House Republican leaders [propose drastic cuts and changes](#) to proven programs like SNAP (formerly known as food stamps) that would devastate millions of families and add to the problem of hunger in this country.

There is simply no excuse for such harmful proposals. **Will you join MAZON to push back hard by asking your elected officials to protect and strengthen SNAP?**

Here are some easy things you can do to put your elected officials on notice and let them know you care about these issues:

- **Sign [MAZON's petition](#)** urging Speaker Ryan not to impose harmful changes and cuts that would decimate SNAP and the lives of millions of Americans who cannot feed their families without it. **Spread the word: if you have already signed the petition, share the link broadly and get at least 10 people in your network to sign as well.**
- **Send an email** directly to your Representative and Senators to urge them to protect SNAP and stand up for the millions of Americans who are able to feed their families because of this program. We strongly encourage you to add any personal reflections or local information at the beginning of your letter to make it unique and heighten its effect. The email template provided by MAZON can easily be adapted.
- **Speak up at a town hall** and ask your elected officials about their plans to protect SNAP during the August recess. You can get information about town hall meetings scheduled in your area [here](#) and find pointers for engaging with public officials and talking points from MAZON [here](#).
- **Join or help to organize a meeting** with your Member of Congress during the August recess. MAZON has reached out to our synagogue partners across the country asking them to request and organize district meetings with Members of Congress to talk about SNAP. If you are interested to find out about meetings happening in your community or would be willing to work with your synagogue to



set one up, contact Amanda Nesher, MAZON's Legislative Associate, at:  
[aneshera@mazon.org](mailto:aneshera@mazon.org).

What your Members of Congress hear at home in August will impact the decisions they make when they return to Washington in September.

I hope that we can count on your help to make a difference in protecting SNAP. Together, we can transform how it is into how it should be.

Thank you,



Abby J. Leibman,  
President & CEO