

Positive Discipline Conference Agenda

October 15, 2016

Edmonton, Alberta

“A conference for those who love and work with children”

Conference Theme:

“Setting Children, Caregivers & Parents Up for Success!”

Facilitators: Ruth Buffam, Cheryl Erwin & Gloria Cleve

8:00 a.m. - 8:30 a.m.: **Continental Breakfast**

8:30 a.m. - 8:45 a.m.: **Introductions**

8:45 a.m. - 9:00 a.m.: **“The 5 Criteria of Effective & Positive Discipline”**

9:00 a.m. - 9:45 a.m.: **“Challenging Behaviour: Why do Kids Act that Way?”**

When we understand the “whys” behind children’s behaviour, we can implement strategies that are relevant, effective and geared towards supporting the child in doing well.

9:45 a.m. - 10:30 a.m.: **“I’m a Child and I want to Belong”**

By meeting a child’s need for belonging, much challenging behaviour can be avoided. This session will emphasize the importance of empowering children and how to deal with defiance & power struggles in positive ways.

10:30 a.m. - 10:45 a.m.: **Break**

10:30 a.m. - Noon: **Guest Keynote by Cheryl Erwin:**

“Setting Kids Up for Success with Positive Discipline”

Noon to 1:00 p.m.: **Lunch Buffet**

1:00 p.m. to 1:30 p.m.: **“Success with Positive Discipline Across A Community”**
(Gloria Cleve)

1:30 p.m. to 2:45 p.m.: **“Discipline with the Brain in Mind”**

This session will cover 4 essential facts about the brain that are relevant to discipline and that need to impact how adults interact with children. Positive communication strategies that will invite cooperation from children will be shared.

2:45 p.m. to 3:00 p.m.: **Break**

3:00 p.m. to 4:00 p.m.: **“Helping Children Self-Regulate their Emotions & Behaviour”**

Research is clear about the importance of helping children develop social emotional skills, including self-regulation. In this session Ruth will share her “Smart Approach to Social Emotional Learning” and share tools and methods to help children regulate their emotions and behaviour.

4:00 p.m. to 4:30 p.m.: **Q & A with Cheryl Erwin & Ruth Buffam**

Conference brought to you by:



**To bring a Positive Discipline workshop or training to
your community or organization contact:**

Ruth Buffam,
Certified Positive Discipline Trainer
www.positivediscipline.ca
ruth@positivediscipline.ca
403.818.5295