

## The Shabbat Experience @ Old York Road

The premise of The Shabbat Experience (TSE), is that learning happens best by doing and that the beauty of Shabbat is something that is best understood as a joyful and lived experience. By employing methods that are used at Jewish summer camps and youth groups, the TSE is both hands-on and happening in real Jewish time. These Shabbatot each include socializing, prayer components, Shabbat meals, and learning. Our concept is that the whole synagogue community joins together to study the same content at age appropriate levels in concurrent sessions. The enduring knowledge is based on a year-long theme. Each family is offered a book for their home library with a bookmark of suggested readings on the topic that highlights the learning.