

Crisis Intervention Team Programs

The Problem



An estimated **1-in-10** calls to **police** involve individuals with **mental illness**.¹

Historically, **police officers were not trained to safely resolve encounters with individuals with mental illness**, nor did they partner with the mental health system to ensure that individuals could access treatment services.²



This resulted in the following challenges:



Increased risk that individuals and/or officers could be **injured during encounters**²



Potential **arrest** or incarceration when **referral to mental health treatment** is more appropriate²



Missed opportunities to connect people in need with **mental health treatment services**²

The Response



Crisis Intervention Team (CIT)

CIT Programs are community partnerships between law enforcement agencies, behavioral health professionals, individuals with mental illnesses and/or substance use disorders, their families, and other community advocates.³

Crisis Intervention Team Programs

What does CIT do?



CIT programs aim to direct those with behavioral health needs **towards treatment instead of incarceration.** ³

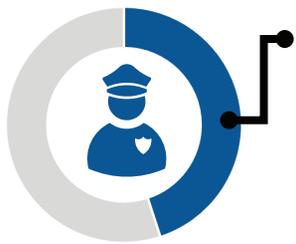


CIT programs **educate officers** on practical techniques for **de-escalation** and integrate their traditional police training with ways to approach individuals they believe to have mental illness. ⁴



All officers should be adequately trained in mental health awareness and intervention strategies. CIT builds on this base by creating a team approach with **select officers who develop specialized skills** over time.

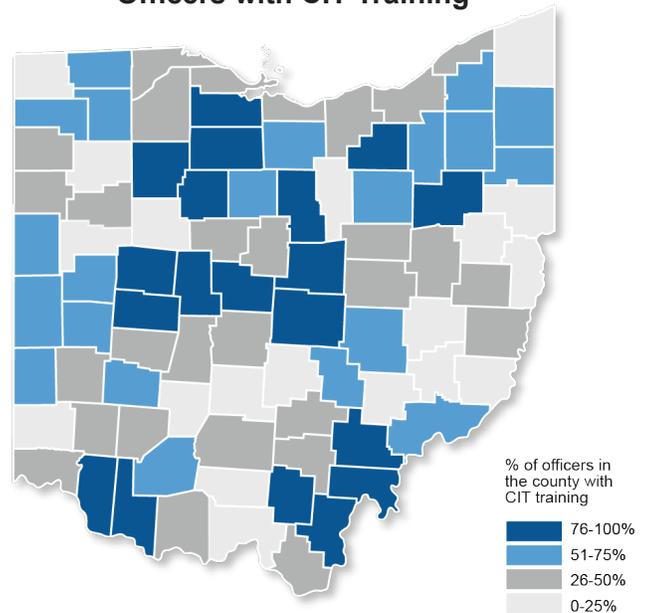
CIT in Ohio



45% of full-time police officers in Ohio have completed CIT training, a total of **11,203 officers.** ⁵

Work to successfully expand CIT programs across the state continues. Many state partners have come together to create Ohio's CIT Strategic Plan as a road map for continued development of CIT programs across the state. ⁶

Full-Time Sworn Law Enforcement Officers with CIT Training



* Hamilton County calls their specially trained officers Mental Health Response Team (MHRT/CIT)
**This map reflects the total numbers of officers trained regardless of the location in which they received their training.

This fact sheet was created as a companion to the fourth edition of **By the Numbers**, in partnership with The Center for Community Solutions, Mental Health & Addiction Advocacy Coalition and Peg's Foundation. The full report and additional fact sheets can be found at: www.CommunitySolutions.com/resources/by-the-numbers/ and www.mhaadvocacy.org

Sources:

- ¹ <http://wksu.org/post/preparing-police-respond-mental-health-crises#stream/0> Accessed June 27, 2018.
- ² Criminal Justice Coordinating Center of Excellence. "Ohio Crisis Intervention Teams (CIT) Strategic Plan." August 12, 2015.
- ³ <http://www.citinternational.org/Learn-About-CIT>
- ⁴ <https://www.neomed.edu/cjccoe/>. Accessed January 25, 2018.
- ⁵ <https://www.neomed.edu/cjccoe/cit/reports/>
- ⁶ Criminal Justice Coordinating Center of Excellence. "Ohio Crisis Intervention Teams (CIT) Strategic Plan." August 12, 2015.