



Join us for a group discussion about The Gifts of Imperfect Parenting by Dr. Brené Brown. We will be going through an ecourse she hosted through www.courageworks.com.

Dr. Brené Brown is a research professor at the University of Houston. She has spent the past sixteen years studying courage, vulnerability, shame, and empathy and is the author of three #1 New York Times bestsellers – *The Gifts of Imperfection*, *Daring Greatly*, and *Rising Strong*

There is no required reading beforehand; we will watch short videos followed by a group discussion every Wednesday from Feb. 21 through Mar. 21 at Waterville Community Church.

Every Wednesday from Feb. 21-Mar. 21
From 7:00pm-8:30pm
Waterville Community Church
8217 Dutch Rd. Waterville, OH

If you are interested, please fill out the form below and email it to abarrett@ymcatoledo.org or call our office at 419-877-0466 ext 12037 to register

Please sign up **by Monday, February 19th**

*Childcare will not be provided for this class



The Gifts of Imperfect Parenting Group Discussion

Name: _____

Phone: _____

Email: _____

Please check all dates you are planning on attending:

☐ 2/21 ☐ 2/28 ☐ 3/7 ☐ 3/14 ☐ 3/21

*Please mail form to: Awake Community Coalition 5967 Finzel Rd. Whitehouse, Ohio 43571