**FRANK D. MURPHY – BIO**

Former NFL Player, National Speaker, Author, Celebrity Mentor & Entrepreneur.

Born in Jacksonville, Florida, Frank Murphy persevered through countless obstacles to live out his dream of playing professional football. His journey to the NFL began in high school where he won numerous awards as the senior running back and return specialist at West Nassau High School, including: All-American, All State and Player of the Year.

Murphy spent his first two years of college playing football for Itwamba Community College and Garden City Community College; subsequently, he was named to the National Junior College Athletic Association All-American first team and National Player of the Year. Murphy then transferred to football powerhouse Kansas State University in 1998. Murphy still holds three Powercat Strength Records: 4.22 in the 40 yard dash, 42” vertical jump and 42.04 300 yard shuttle. In 2008, Murphy was inducted into the National Junior College Hall of Fame.

After a successful collegiate football career, Murphy was drafted by the Chicago Bears in 2000. In the NFL, Murphy suited up as a running back, wide receiver and return specialist for the Tampa Bay Buccaneers, Miami Dolphins and Houston Texans. Murphy also played in the Canadian Football League for the Toronto Argonauts and in the United Football League for the Florida Tuskers. Murphy’s successful professional football career equipped him to train celebrity athletes.

Beyond the football field, Murphy has consistently engaged with the community and supported programs that educate and empower others to realize their dreams. Throughout his career, Murphy has held numerous football camps, workshops and toy drives for at risk youth; Murphy has been honored repeatedly with awards and recognitions for his community service initiatives, including being granted the Key to the City of Callahan, Florida.

Murphy is the first athlete to produce and write his own stage play, “Man Behind the Helmet.” It’s derived from his book, “Man Behind the Helmet” with a forward from former NFL coach Tony Dungy. Murphy is also launching his digital curriculum called “Mentoring with Purpose, Character and Life Skills” in August. He is the founder of Mentoring with Purpose Charity, a non-profit organization, that provides educational and community outreach program focused on creating a new sports culture of athletes and youth to enter the sports arena as leaders, not followers.

Murphy’s determined attitude to persevere through the unexpected challenges of life has prepared him to impact audiences nationwide as an author and speaker. He believes that when people commit to identifying purpose, making the right choices and becoming a role model for others they will live their best lives possible. Murphy’s focus on action oriented personal growth is reflected in his motto: “Believe It, Claim It, Work it Out!” Murphy plans to continue inspiring people of all ages to strive for the next level in achieving their full potential and living their dreams.