

# "TAI CHI"

*"Reduce Stress & Pain, Increase Flexibility and Improve Balance"*  
with Dr. Robert Haberkorn

Weekly – Mondays – 5:30 pm to 6:30 pm  
Weekly – Fridays – 5:30 pm to 6:30 pm

*Dr. Haberkorn has studied how the human body moves and lives for over 30 years through both eastern and western disciplines. These disciplines range from medical to martial extending into the philosophical and spiritual while grounded in scientific and empirical.*

*His gift for taking detailed information and presenting in a relevant and understandable manner, brings complex ideas to a highly personal and tangible level. Via a combination of holistic healing applications, Dr. Haberkorn strives to bring the highest quality of care for your individual needs, and is celebrating 20 years of business in our Valley at Haberkorn Chiropractic.*



Drop-In Cost per Regular Class - \$10 (Non-Member) (Members - \$0)  
Please call our Concierge at (760) 834-7070 to R.S.V.P. for Class (or drop-in)  
Bring a Friend – Receive (1) Voucher for Free Salt Cave - [Venus De Fido Spa](#)



*Dr. Robert Haberkorn is a practitioner of Sun Family Tai Chi and has taught various forms of Tai Chi and Qi Gong for the past 17 years. Prior to Tai Chi he became proficient in several other martial arts systems, earning fifth degree black belt in two schools: Shorin Ryu and Okanawan Karate. He has held classes and events for many schools, resorts, foundations, and most recently taught Tai Chi for the Eisenhower Wellness Institute and government sponsored programs. Dr. Haberkorn has been a local Chiropractor and Qi healer here in Palm Desert for the past 20 years. And he continues to study methods from diverse cultures to better work with the mind-body-spirit connections. BS in Biology, CSUSB, Doctorate of Chiropractic, Southern California University of Health Sciences, Certified Applied Kinesiologist, Masters of Medical Qi Gong, Certified Tai Chi Instructor, International Lecturer and Presenter*



## VENUS DE FIDO

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