

2017 NESES ANNUAL MEETING

JAY PEAK RESORT, JAY, VERMONT

Friday February 10, 2017 Morning Session (6:30-10:00am)

6:30-6:55 Registration and Case Discussion
6:55-7:00 Welcome and Introduction-Mazzocca

NESES Invited Guests:

International Expert: Daniel Mole
NESES Shoulder Expert: Dr. Greg Nicholson
NESES Elbow Expert: Dr. George Athwal

Friday 7-8am: Elbow 1 - Distal Biceps Injuries

Moderator/Provocateur: Oh

Panel: Athwal, Alberta, Benoit, Caputo, Chen, Mullins, Tolo

7:00-7:10 Introduce NESES Elbow 3-Year Educational Plan
Introduce NESES Elbow Group Research Project for 2017

7:10-7:30 Value-Based Healthcare Discussion

- In which scenarios is an MRI absolutely necessary vs. unnecessary but helpful vs. unnecessary?
- Which MRI views are the most helpful? Justification for additional time/cost to obtain specialized views?
- Will implant costs influence our choice for repair technique in 2017?

7:30-8:00 Case-based Discussion

- Are partial distal biceps tears in actuality a full thickness tear of one of the two heads?
- Allograft reconstruction for chronic distal biceps tears
- Complications after distal biceps repair:
 - o Lateral antebrachial cutaneous nerve is not a lateral structure
 - o Heterotopic ossification after a single incision repair technique
 - o Fracture of the radial tuberosity

Friday 8:15- 10am: Shoulder Arthroplasty:

Moderator/ Provocateur: Endrizzi/Jawa

Panel- Nicholson, Warner, Parsons, Stanwood, Mole, Higgins

8:15-9:15 Case based Discussion- Topics covered in cases

- Atrophic but intact cuff in 65yo? TSA vs. RSA?
- Acromial Fractures after RSA: Etiology? Fix/Non-op? Prevention?
- Lateral or Medial COR for RSA? Inlay or Onlay (Medialized or Lateralized Humerus)?
- Use of proximal humeral allograft in humeral bone loss
- When removing the humeral stem what technique do you have to maintain bone stock and quickly and reproducibly remove the stem?

9:15-9:30 Factors Affecting the Biomechanics of RSAs-Athwal
9:30-9:40 Discussion

9:40-55 Infection in Shoulder Arthroplasty: Current State of Evidence and Prevention-Jawa
9:55-10:00 Discussion

NESES 14th Annual Invited Lectures

Moderator: Mazzocca

3:00-3:20 **NESES Invited Elbow Lecture Dr George Athwal**

3:20-3:30 Discussion

3:30-3:50 NESES Invited Shoulder Lecture Dr Greg Nicholson

3:50-4:00 Discussion

4:00-4:15 BREAK

4:45-5:05 **NESES Past President/Founder –Dr JP Warner**

PSI and Stemless Implants: State of the Art in Shoulder Arthroplasty

5:05-5:15 Questions

5:15-5:35 **NESES Invited European Lecture Daniel Mole**

5:35-5:45 Questions

Saturday February 11, 2016 Morning Session

6:00-7:00 Resident and Fellow Presentations

Arciero-Warner Research Award

Saturday 7-8am: Elbow 2: Triceps Tendon Injuries

Moderator/Provocateur: Oh

Panel: Athwal, Caputo, Cassidy, Dyer, Kimball, Shafritz

7:00-7:15 Review of Anatomy & Imaging

- What do you mean by “partial” vs. “complete” triceps tendon tears?
- Does the MRI allow for this categorization between “partial” vs. “complete”?

7:15-7:30 Value Based Healthcare Discussion

- Implant costs and choice of repair technique

7:30-7:55 Case-based Discussion

- Fracture of olecranon enthesopathy spur at triceps insertion
- Central insertion torn but medial and lateral insertion intact
- When to repair vs. reconstruct with allograft?
- Chronic triceps rupture with heterotopic & myositis ossificans

7:55-8:00 Reminder to complete online questionnaire to be listed as a co-author (no limit in the number of co-authors) in the 2017 NESES Elbow Group Research Project

8:15-9:15 Rotator Cuff/Biceps

Moderator/Provocateur-(Ramappa/J Deangelis)

Panel- Nicholson, Mole, Miller, Curtis, N Deangelis

- Superior Capsular Reconstruction, is it real?
- Musculotendinous Subscap Tear: Repair, Augment, Pectoralis Transfer, Latisimus Transfer
- Augmentation of partial tears

9:15-10:00 Value-Based Healthcare

Moderator/Provocateur-Higgins/Macy/Fehnel

Saturday February 13, 2016 Afternoon Session

Saturday 3-3:30pm: Sports Elbow – Osteochondritis Dissecans

Moderator/Provocateur: Oh

Panel: Athwal, Alberta, Nissen, Shafritz, Tolo

3:00-3:10 Review of Anatomy & Imaging
- What is stable vs. unstable? Do current imaging techniques help us to distinguish?

3:10-3:30 Case-based Discussion
- What exactly is “conservative” treatment? What instruction do you give to the adolescent and parents regarding nonoperative treatment? Cast? Brace? Sling? What activities are allowed?
- When taking into consideration the psychological/mental/self-esteem effects of keeping an adolescent out of sports, how long should we keep them out of sports as part of “conservative” treatment?
- When are each of these treatments most appropriate: retrograde drilling vs. arthroscopic debridement vs. microfracture vs. ORIF vs. OATS

3:30-4:30 pm Instability

Moderator: Edgar – Case Based

Panel: Arciero, Zoric, Ramappa, Shea, B Parsons

- Management of Instability for in-season Athletes
- Current role of Remplissage
- Failed arthroscopic procedure for Anterior Instability-revision, open Bankart, Latarjet
- Posterior Instability

4:30-4:45 BREAK

4:45-5:45 pm Shoulder Fractures

Moderator: Bell

Panel: J Deangelis, Dyer, B Parsons, Nicholson, Athwal

- Lateral clavicle fractures-fix alone, augment
- Proximal humerus fractures
 - is there any role for hemi?
 - tips for RSA
 - which should be treated nonop
- Clavicle fractures
 - Who to fix in 2017?
- AC joint
- Indications for acute management, when to use graft

5:45-6:30 NESES Meeting-Mazzocca moderator

NESES Research (Oh)

Website Updates (Alberta)

Treasurer: State of the Union (Nissen)

Improvements and New Business