

2017 MASBHC Annual Conference Breakout Session Overview

Key: **Mental Health** – **Clinical** – **Policy**

	Session Title	Track	Speakers	Overview
A1	One Size Does Not Fit All: Hallways to Health Addresses Social and Emotional Health School Wide --- with the Holistic Life Foundation	Mental Health	Jordanna Snyder – School Based Health Alliance Kay Sophar – Northwood High School SBHC Pat Setlow – Coppin Clinic at St. Frances Academy Ali Smith – Holistic Life Foundation	<p>The Hallways to Health project uses school-based health centers as the catalysts to change schools’ outlooks in various areas including social-emotional health. Through Hallways to Health, SBHCs are increasing awareness on social-emotional health and implementing creative approaches to improve social and emotional health for their students and their school employees and are proposing systemic changes to the schools as well.</p> <p>The Maryland Hallways to Health SBHCs, Coppin Clinic at St. Frances Academy and Northwood High School Wellness Center, will share their strategies and practices in addressing social-emotional health on campus.</p> <p>The Holistic Life Foundation will be on hand to provide additional information on starting a mindfulness program in schools.</p>
A2	Orthopedic Red Flags	Clinical	Dr. Frank Dawson -- MedStar	The session will describe common orthopedic injuries in teens and young athletes. It will have a focus on diagnostic criteria including red flags of common injuries and management of those injuries will be reviewed.
A3	School Based Oral Health: A Toolbox for Prevention Strategies and Collaboration	Clinical	Marion Manski – UMD School of Dentistry Deborah W. Busch – JHU School of Nursing	This session will focus on discussing dental decay and its impact on a child’s self-esteem, nutritional intake, oral development and their quality of life. Additional oral health issues that will be discussed include prenatal care of the mother’s dental needs, ankyloglossia (tongue tie), nutrition and dental health habits. The presentation will address these issues so that the school based health provider has insight to dental concerns in infancy, childhood and beyond.
A4	Addressing Chronic Absenteeism in Baltimore through Linkages and Data	Policy	Dr. Joshua Sharfstein – Johns Hopkins Bloomberg School of Public Health Andrew Masters – Baltimore City Health Department	This session will focus on the collaboration between Baltimore City Public Schools, the Baltimore City Health Department, and the Family League of Baltimore City who are working together along with area pediatricians to develop an effort to address chronic absenteeism. This session will discuss the three components they are utilizing to effectively address chronic absenteeism: education surrounding the importance of reducing absenteeism, support for linking pediatricians to schools, and data sharing to identify children at high risk for chronic absenteeism.
B1	Building Linkages for Immigrant Students: Trauma Informed Care and Restorative Practices with Immigrant Youth Vulnerable to High Risk Behaviors	Mental Health/ Clinical	Shobhna Shukla – Gaithersburg High School Wellness Center Carolyn Camacho – Identity, Inc. Tiziana DiFabio – Identity, Inc. Juan Toscano – Identity, Inc.	<p>This session will introduce an integrated approach to trauma-informed care with vulnerable youth. This includes medical screening/care strategies and techniques of “restorative practices” as a preventive and healing tool that uses group sessions to affirm, repair, and build relationships. Speakers will present an interdisciplinary-integrated team approach to trauma-informed care as a promising way to help clients heal and acquire lifelong skills and habits to ensure healthy decisions and a successful transition to adulthood.</p> <p>The session will provide an interactive case-study-driven example of how an interdisciplinary/integrated team can provide trauma-informed care to improve the wellbeing of vulnerable youth, and include strategies for using restorative practices to engage, and support trauma-impacted youth.</p>

B2	Maryland Adolescent Health Collaborative Round Table	Mental Health	Representatives from: Coppin Clinic at St. Frances Academy Howard County School Based Wellness Program Montgomery County School Based Wellness Program Prince George's County School Based Wellness Program	<p>The Maryland Adolescent Health Collaborative is an initiative that offers school-based health centers and sponsoring agencies the opportunity to research, pilot and reflects on a best practice program or intervention in one of the following areas: adolescent health care delivery; healthy, active lifestyles; diabetes and asthma management; and social and emotional wellness.</p> <p>This session will allow attendees to rotate tables to their choice of two of the four projects, where they will hear about the various projects occurring as part of the Maryland Adolescent Health Collaborative.</p>
B3	Clinical Update: Health Needs of LGBTQ Adolescents	Clinical	Dr. Renata Sanders – JHU School of Medicine	This session will provide an update on the health needs of LGBTQ adolescents, what schools can do to address these needs, as well as information on the HIV treatment – Pre Exposure Prophylaxis.
B4	Effective Billing for SBHC's	Policy	Christine Perkey – SHR Associates, Inc.	This session will focus on what are effective billing and Medicaid reimbursement steps for SBHC's. This session will aim to define which SBHC services are reimbursable and how to identify and code for service. Other elements that will be discussed include Medicaid's self-referral services, reimbursements from Medicaid and Medicaid Managed Care Organizations (MCOs), the differences between in-network and out-of-network reimbursements, and discussion and review of the Revenue Cycle Management (RCM) process.
C1	Building Linkages for Immigrant Students: School Based Mental Health for Immigrant/Refugee Populations	Mental Health	Marisa Parrella – Mary's Center	<p>This session will focus on Mary's Center's School Based Mental Health Program social change model. The program focuses on strong collaboration with school wellness teams and behavioral health services that include diagnostic assessments, individualized treatment planning, a variety of therapeutic modalities, and referrals to psychiatric, medical, and dental care as well as other social services.</p> <p>Participants will hear about culturally appropriate interventions and responses to the school wide community that have helped Mary's Center SBMH program become leaders in providing culturally relevant intervention to immigrant children and their families. Participants will be invited to take part in an exercise that will build a deeper understanding of the impact of the migration experience on children and families behavioral health.</p>
C2	Addressing Asthma in the SBHC	Clinical	Dr. Elizabeth Matsui – JHU School of Medicine	This session will address how SBHC's can effectively address asthma in the SBHC. It will focus on recognizing and diagnosing asthma, effective chronic asthma management, and environmental triggers. It will also highlight the School-Based Asthma Management Program (SAMPRO).
C3	Sudden Cardiac Death Among Student Athletes: A Game Changer in the Field of Pediatric Medicine	Clinical	Ashley Davis	This session will include information on cardiac assessments including murmurs, history and physical exam. Also algorithms for treatment and emergency action plans set in the school health setting to prepare a nurse and faculty for a student who experiences a sudden cardiac arrest on the practice field.
C4	Integrating SBHC's and School Health Councils: A Presentation by the Maryland State School Health Council	Policy	Dr. Alan M. Lake -- Maryland Pediatric Group/ JHU School of Medicine	This session will focus on updates on active concerns and proposed options to better integrate school-based health care programs into local health and wellness activities in the education, public health, and community health sector. The session will also highlight the tools the Maryland State School Health Council has created to better foster communication between school health councils and the greater school community.