

Opioids...Silent Killer in the Workplace



AGENDA

8:30 am - Registration Open

9:00 - 10:00 am

What are the Consequences of Opioid Abuse and Why Should We Care?

- Rex Butler - Manager, Environmental & Safety
Central Iowa Power Cooperative (CIPCO) - Des Moines, IA

During this session Rex will share personal anecdotes to help humanize the problem for attendees and discuss the good and bad repercussions of advocating for legislation and medical practices designed to curb non-fatal and fatal overdoses. This presentation will be thought-provoking and will help explain why every person in the room needs to be concerned about the abuse of opioids.

10:00 - 11:00 am

Opioids in the Workplace, How Did We Get Here and What is Being Done?

- Kevin W. Techau - Attorney
Smith, Mills & Schrock Law - Cedar Rapids, IA

This session by a former United States Attorney with front-line perspective and experience with workplace related opioid issues will examine the origin and impact of the opioid crisis in Iowa; across the country and in the workplace. An overview of where things stand in 2018 and details on what is being done at all levels of government to address opioid abuse issues will be given.

11:00 am - Break

11:15 am - 12:15 pm

Drug Abuse in Iowa: Evolving Threats, Impacts and Responses

- Dale R. Woolery - Acting Director
Iowa Governor's Office of Drug Control Policy
Des Moines, IA

Even as Iowa is reported to have the nation's lowest rate of illicit drug use... overdose deaths in the State are rising as part of the U.S. opioid epidemic, methamphetamine has a stronger presence than ever, and changes in marijuana potency and policy are at the center of continued debate. Data show recent developments involving addictive substances are affecting Iowans at home, in the community, and on the job. Strategies are also changing to address these and other emerging trends in Iowa, to reduce drug abuse and related risks.



**IOWA-ILLINOIS
SAFETY COUNCIL**
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EVENT INFO:

September 18, 2018 - 9:00 am - 3:00 pm

DuPont Pioneer Auditorium

7000 NW 62nd Ave - Johnston, IA

(Carpooling recommended if possible)

COST:

\$20 per person Lunch included

HOW TO REGISTER:

Online: www.iisc.org

Phone: 515-276-4724 ext. 230

12:15 - 12:45 pm - Lunch

12:45 - 1:45 pm

Employer/Employee Considerations Regarding Possible Addiction

- Kim Brangoccio, LMFT, IAADC, CEAP
Manager Powell Chemical Dependency and Employee Assistance Program - Iowa Lutheran Hospital
UnityPoint Health - Des Moines, IA

In this session Kim will discuss the differences between opioid dependence vs. addiction, the characteristics of each, and the importance of the correct diagnosis. Kim will also discuss traditional and medication-assisted treatments and pros and cons of each. Additionally this session will help you identify at Risk Employees by looking at Work Performance, Depression/Anxiety, Chronic Pain, Absenteeism, and changes in behaviors, relationships, and interactions. Finally, Kim will discuss the P.M.P., Prescription Monitoring Program, what it is, and how it helps physicians and prescribers. The session will end by talking about Employee Assistance Programs, and Treatment Programs.

1:45 - 2:00 pm - Break

2:00 - 3:00 pm

What a Drug-Free Workplace Means to Employers

- Cherrie Spurlin - Member Relations Manager
MRA - Moline, IL
- Hilary Cole - Chemical Dependency Counselor
UnityPoint Health - St. Luke's - Cedar Rapids, IA

Cherrie and Hilary will discuss the policies, procedures and training you need to make sure your company is compliant with Iowa and DOT drug testing regulations. They will discuss what employers should know when investigating drug use in the workplace in relation to workers compensation claim, FMLA and protected classes. They will help you gain an understanding of third party involvement in the process and how you can internally manage a drug-free workplace program. Their real life examples and statistics show the impact and risk opioids and drugs bring to a company. This information will help guide you through developing and sustaining a drug-free workplace program.

3:00 pm - Closing comments

Speaker Information

What are the Consequences of Opioid Abuse and Why Should We Care?

Rex Butler - Manager, Environmental & Safety

Central Iowa Power Cooperative (CIPCO) - Des Moines, IA

With an environmental, safety, and industrial hygiene career that began in the Air Force in 1989, Rex Butler has worked in the utility industry for Central Iowa Power Cooperative (CIPCO) for nearly 17 years with previous experience in manufacturing and consulting. Rex is a Certified Safety Professional and has been speaking to a variety of audiences about the opioids abuse epidemic since 2008. Rex works out of CIPCO's Des Moines headquarters.

Opioids in the Workplace, How Did We Get Here and What is Being Done?

Kevin W. Techau - Attorney

Smith, Mills & Schrock Law - Cedar Rapids, IA

Kevin W. Techau is an attorney with the Smith, Mills & Schrock Law Firm with offices in Cedar Rapids & Des Moines, Iowa and Omaha, Nebraska. He is chair of the firm's Government Compliance, Crisis Management, Internal Investigations, & Municipal Defense practice. He previously served as the presidentially appointed United States Attorney for the Northern District of Iowa 2014-2017. Kevin's 30-year public/private career includes service as Commissioner of the Iowa Department of Public Safety and Director of the Iowa Department of Inspections and Appeals in Iowa Governor Tom Vilsack's cabinet and seven years as Associate General Counsel at American Equity Investment Life Insurance Company.

Drug Abuse in Iowa: Evolving Threats, Impacts and Responses

Dale R. Woolery - Acting Director

**Iowa Governor's Office of Drug Control Policy
Des Moines, IA**

Dale joined the Iowa Governor's Office of Drug Control Policy in 1994, and currently serves as Acting Director. In his regular role as the agency's Associate Director, he works with public and private sector leaders at the local, state and federal levels to strengthen drug control efforts. In addition to coordinating drug enforcement and substance abuse prevention and treatment initiatives throughout Iowa, the Governor's Office of Drug Control Policy supports programs with federal drug and crime control grants, and works with elected officials on public policy. As a former broadcast manager and journalist in Des Moines, he also served as an adjunct journalism professor at Drake University. A graduate of the University of Missouri with a bachelor of journalism degree.

Employer/Employee Considerations Regarding Possible Addiction

Kim Brangoccio, LMFT, IAADC, CEAP

**Manager Powell Chemical Dependency and
Employee Assistance Program**

Iowa Lutheran Hospital - UnityPoint Health - Des Moines, IA

Kimberly Brangoccio is the Manager for Powell Chemical Dependency Program and the UnityPoint Health Employee Assistance Program. She also has a small private counseling practice in Waukee. Kim is a Licensed Marriage and Family Therapist, Certified Employee Assistance Professional, and an Advanced Chemical Dependency Counselor with 35 years of experience in counseling and program management. She has been in Des Moines for 22 years and lived and worked in Los Angeles, CA and eastern Iowa prior to that.

What a Drug-Free Workplace Means to Employers

• **Cherrie Spurlin - Member Relations Manager
MRA - Moline, IL**

• **Hilary Cole - Chemical Dependency Counselor
UnityPoint Health - St. Luke's - Cedar Rapids, IA**

Cherrie Spurlin is a Member Relations Manager at MRA providing MRA Members strategic HR resources and training. She is a SHRM certified professional and has her Master's degree in Leadership. Cherrie teaches Strategic Human Resources courses at Mount Mercy University. She is on the board of Eastern Iowa Human Resources Association and the Association for Talent Development Hawkeye Chapter. Cherrie has over 10 years' combined experience in Human Resources and supervising employees in organizations with drug free workplace programs.

Hilary Cole is currently a Chemical Dependency Counselor at UnityPoint Health- St. Luke's Chemical Dependency Services in Cedar Rapids, IA. Hilary graduated from the University of Northern Iowa in 2008 with a Bachelor's Degree in Psychology and is working to obtain a Master's Degree in Criminal Justice from Mount Mercy University. Hilary received her certification from Iowa Board of Certification to become an Alcohol and Drug Counselor in November 2010. Hilary has enjoyed providing Drug Free Workplace presentations for supervisors with area companies since 2014 with a goal of increasing safety in not only the community but for our companies as well.



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The Iowa-Illinois Safety Council (IISC) is a nonprofit organization in West Des Moines, Iowa, supported by approximately 1,000 members and locations throughout Iowa and Illinois. IISC is a local chapter of the National Safety Council and provides a wide variety of safety information, seminars, and services to members in an effort to reduce accidents or injuries and the extraordinary costs associated with them.

IISC is here to help business and industry with their safety, health, and environmental programs; for both on the job and off the job. IISC is one of the few resource organizations that will help you comply with the law and guidelines and keep you up to speed on new and changing regulations.