

## **Random Acts of Kindness**

- Hold a door open for someone
- Invite someone new to play with you at recess
- Smile at someone you don't know
- Pick up garbage on the playground at recess
- Invite someone new to sit with you at lunch
- Help a classmate clean up
- Help someone throw away their trash at lunch
- Say "hi" to someone new
- Help someone during class
- Thank the person who took you to school and picked you up from school
- Help someone who dropped something
- Push in someone's chair for them
- Give someone a compliment
- Clean up after yourself
- Thank an adult at UPark for something they do
- Let someone go ahead of you in line
- Give a friend a hug
- Encourage a classmate
- Be a good sport at recess

