

"FEMININE FAITHFUL AND FRAZZLED"

Retreat with Lutheran rostered women from Ohio to share insights into women as leaders as well as experience a variety of self-care opportunities. Women from other denominations are invited too!!!

Come ready to learn and laugh!!

Experiences may include:

- A panel discussion of women in various stages of ministry
- Yoga*
- Reiki*
- Chair Massage*
- Horse centered prayer and meditation*
- Spiritual Direction
- Worship
- Movie and karaoke

** Additional cost and you will be asked to sign up after you register*

Date Thursday Oct. 12 lunch to Saturday Oct. 14 lunch

Place Lutheran Memorial Camp 2970 St.Rt.61, Fulton, Ohio
43221

Cost \$105

Name_____

Address_____

Phone_____email_____

_____ Double room Roommate_____

_____ Dormitory/bunk beds

Checks payable to: **LOMO** Send to: Bege Wiegman 20643 Berry Rd.
Mount Vernon, Ohio 43050

Questions? contact bege72@gmail.com or 740.501.1856

DEADLINE OCTOBER 1st