



## VARSITY ATHLETIC DEVELOPMENT PROGRAM (15-18 YRS OLD)

2017 SUMMER ADP PHASE: JUNE 12TH - AUGUST 20TH (10 WEEKS)

### WEEKLY SCHEDULE

MON	10:30AM 12PM 4PM
TUE	10:30AM 12PM 4PM
WED	10:30AM 12PM 4PM
THU	10:30AM 12PM 4PM
FRI	10:30AM 12:00PM
SAT	10:30AM
SUN	Off Day

### ADP PRICING OPTIONS

Designed to help athletes break free from the competition. This 90-minute, small group comprehensive approach helps develop *speed, strength, power and athleticism*. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.** Seasonal Unlimited must be purchased by June 12th.

Seasonal Unlimited	\$950	10/WK Total
1 Month Unlimited (auto renew)	\$425	
ADP 10 Pack*	\$550	
Drop-In	\$65	

\* 10 Pack expires 3 months from date of first use