



TCBOOST™

S P O R T S P E R F O R M A N C E

VARSITY ATHLETIC DEVELOPMENT PROGRAM (15-18 YRS OLD)

2017 FALL ADP PHASE: AUGUST 21ST - NOVEMBER 5TH (11 WEEKS)

WEEKLY SCHEDULE

MON	4:00PM 7:00PM
TUE	6:00PM
WED	4:00PM 7:00PM
THU	6:00PM
FRI	4:00PM
SAT	10:30AM
SUN	2:00PM

ADP PRICING OPTIONS

Designed to help athletes break free from the competition. This 90-minute, small group comprehensive approach helps develop *speed, strength, power and athleticism*. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.** Seasonal Unlimited must be purchased by the first week of the Fall Phase.

Seasonal Unlimited (11/WK Total)	\$1,045
1 Month Unlimited	\$425
ADP 10 Pack*	\$550
Drop-In	\$65

* 10 Pack expires 3 months from date of first use

TCBOOST@TCBOOST.COM | 847.559.2307
600 S Waukegan Rd. #122, NORTHBROOK, IL

ENGINEERED RESULTS™ >>>



TCBOOST™

S P O R T S P E R F O R M A N C E

JV ATHLETIC DEVELOPMENT PROGRAM (12-14 YRS OLD)

2017 FALL ADP PHASE: AUGUST 21ST - NOVEMBER 5TH (11 WEEKS)

WEEKLY SCHEDULE

MON	5:30 ^{PM}
TUE	5:30 ^{PM}
WED	5:30 ^{PM}
THU	5:30 ^{PM}
FRI	4:00 ^{PM}
SAT	9:00 ^{AM} 12:00 ^{PM}
SUN	2:00 ^{PM}

ADP PRICING OPTIONS

Designed to help athletes break free from the competition. This 90-minute, small group comprehensive approach helps develop *speed, strength, power and athleticism*. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.** The Seasonal Unlimited must be purchased by May 1st.

Seasonal Unlimited (11/WK Total)	\$1,045
1 Month Unlimited	\$425
ADP 10 Pack*	\$550
Drop-In	\$65

* 10 Pack expires 3 months from date of first use

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YOUTH ATHLETIC DEVELOPMENT PROGRAM (8-11 YRS OLD)

WEEKLY SCHEDULE

MON	
TUE	4:00 _{PM}
WED	5:00 _{PM}
THU	4:00 _{PM}
FRI	
SAT	9:00 _{AM}
SUN	

ADP PRICING OPTIONS

Preparing young athletes for their future by helping to develop excellent speed, agility and jumping mechanics. *This is a fun, energetic program that will get your young athlete active and moving right!* **You can purchase online, call or email us, or by downloading the TCBOOST App. ***

	Total
10 Pack*	\$299
Drop-In	\$35

* 10 Pack expires 3 months from date of first use