



# TCBOOST™

S P O R T S P E R F O R M A N C E

## JV SPEED PROGRAM (12-14 YRS OLD)

2018 - 2019 SCHOOL YEAR STARTING AUG. 20TH, 2018

### WEEKLY SCHEDULE

MON	5:30PM 6:30PM
TUE	5:30PM
WED	5:30PM 6:30PM
THU	5:30PM
FRI	4:00PM
SAT	9:00AM
SUN	2:00PM

### SPEED PRICING OPTIONS

Designed to help athletes break free from the competition. This 60-minute, small group session is designed to focus on speed development while also incorporating power, agility, and plyometrics. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.**

1 Month Unlimited	\$330
10 Pack*	\$425
5 Pack*	\$235
Drop-In	\$55

\* 10 & 5 Packs expire 3 months from date of first use

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ENGINEERED RESULTS™ >>>