



TCBOOST™

S P O R T S P E R F O R M A N C E

YOUTH ATHLETIC DEVELOPMENT PROGRAM (8-11 YRS OLD)

UPDATED 2017 FALL ADP PHASE: SEPT 11TH - NOVEMBER 5TH (8 WEEKS)

WEEKLY SCHEDULE

MON	
TUE	
WED	5:00PM
THU	
FRI	
SAT	9:00AM
SUN	

ADP PRICING OPTIONS

Preparing young athletes for their future by helping to develop excellent speed, agility and jumping mechanics. *This is a fun, energetic program that will get your young athlete active and moving right!* You can purchase online, call or email us, or by downloading the TCBOOST App. *

	Total
10 Pack*	\$299
Drop-In	\$35

* 10 Pack expires 3 months from date of first use



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S P O R T S P E R F O R M A N C E

YOUTH ATHLETIC DEVELOPMENT PROGRAM (8-11 YRS OLD)

SUMMER SCHEDULE

WEEKLY SCHEDULE

MON	9:30 _{AM} 4:30 _{PM}
TUE	9:30 _{AM} 4:30 _{PM}
WED	9:30 _{AM} 4:30 _{PM}
THU	9:30 _{AM}
FRI	9:30 _{AM}
SAT	9:00 _{AM}
SUN	Off Day

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