



TCBOOST™

S P O R T S P E R F O R M A N C E

JV ATHLETIC DEVELOPMENT PROGRAM (12-14 YRS OLD)

2018 SCHOOL YEAR SCHEDULE

WEEKLY SCHEDULE

MON	5:30PM
TUE	5:30PM
WED	5:30PM
THU	5:30PM
FRI	4:00PM
SAT	9:00AM 12:00PM
SUN	2:00PM

ADP PRICING OPTIONS

Designed to help athletes break free from the competition. This 90-minute, small group comprehensive approach helps develop *speed, strength, power and athleticism*. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.**

1 Month Unlimited	\$450
ADP 5 Pack*	\$325
ADP 10 Pack*	\$575
Drop-In	\$75

* 5 Pack expires 6 weeks from date of first use

* 10 Pack expires 3 months from date of first use



TCBOOST™

SPORTS PERFORMANCE

JV ATHLETIC DEVELOPMENT PROGRAM (12-14 YRS OLD)

2018 SUMMER ADP PHASE: JUNE 11TH - AUGUST 19TH (10 WEEKS)

WEEKLY SCHEDULE

MON	9AM 1PM 5:30PM
TUE	9AM 1PM 5:30PM
WED	9AM 1PM 5:30PM
THU	9AM 1PM 5:30PM
FRI	9:00AM 1:00PM
SAT	9:00AM

* Schedule subject to change based on attendance. Please refer to website for most up-to-date schedule including additional or cancelled classes. 1PM and 5:30PM classes are combined JV/Varsity. Groups will be split based on age and attendance.

TCBOOST@TCBOOST.COM | 847.559.2307
600 S Waukegan Rd. #122, NORTHBROOK, IL

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Seasonal Unlimited	\$999	10/WK Total
1 Month Unlimited	\$450	
ADP 10 Pack*	\$575	
ADP 5 Pack*	\$325	
Drop-In	\$75	

* 10 Pack expires 3 months from date of first use
* 5 Pack expires 6 weeks from date of first use