



VARSITY ATHLETIC DEVELOPMENT PROGRAM (15-18 YRS OLD)

2017 FALL ADP PHASE: AUGUST 21ST - NOVEMBER 5TH (11 WEEKS)

WEEKLY SCHEDULE

MON	4:00PM	7:00PM
TUE		6:00PM
WED	4:00PM	7:00PM
THU		6:00PM
FRI		4:00PM
SAT		10:30AM
SUN		2:00PM

ADP PRICING OPTIONS

Designed to help athletes break free from the competition. This 90-minute, small group comprehensive approach helps develop *speed, strength, power and athleticism*. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.** Seasonal Unlimited must be purchased by the first week of the Fall Phase.

Seasonal Unlimited (11/WK Total)	\$1,045
1 Month Unlimited	\$425
ADP 10 Pack*	\$550
Drop-In	\$65

* 10 Pack expires 3 months from date of first use