



TCBOOST™

S P O R T S P E R F O R M A N C E

VARSITY ATHLETIC DEVELOPMENT PROGRAM (15-18 YRS OLD)

2018 SCHOOL YEAR SCHEDULE

WEEKLY SCHEDULE

| | | |
|-----|---------|--------|
| MON | 4:00PM | 7:00PM |
| TUE | 6:00PM | |
| WED | 4:00PM | 7:00PM |
| THU | 6:00PM | |
| FRI | 4:00PM | |
| SAT | 10:30AM | |
| SUN | 2:00PM | |

ADP PRICING OPTIONS

Designed to help athletes break free from the competition. This 90-minute, small group comprehensive approach helps develop *speed, strength, power and athleticism*. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.**

| | |
|-------------------|-------|
| 1 Month Unlimited | \$450 |
| ADP 5 Pack* | \$325 |
| ADP 10 Pack* | \$575 |
| Drop-In | \$75 |

* 5 Pack expires 6 weeks from date of first use

* 10 Pack expires 3 months from date of first use

TCBOOST@TCBOOST.COM | 847.559.2307

600 S Waukegan Rd. #122, NORTHBROOK, IL

ENGINEERED RESULTS™ >>>



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S P O R T S P E R F O R M A N C E

VARSITY ATHLETIC DEVELOPMENT PROGRAM (15-18 YRS OLD)

2018 SUMMER ADP PHASE: JUNE 11TH - AUGUST 19TH (10 WEEKS)

WEEKLY SCHEDULE

| | |
|-----|--------------------|
| MON | 10:30AM 1PM 5:30PM |
| TUE | 10:30AM 1PM 5:30PM |
| WED | 10:30AM 1PM 5:30PM |
| THU | 10:30AM 1PM 5:30PM |
| FRI | 10:30AM 1:00PM |
| SAT | 10:30AM |

* Schedule subject to change based on attendance. Please refer to website for most up-to-date schedule including additional or cancelled classes. 1PM and 5:30PM classes are combined JV/Varsity. Groups will be split based on age and attendance.

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| | | |
|--------------------|-------|-------------|
| Seasonal Unlimited | \$999 | 10/WK Total |
| 1 Month Unlimited | \$450 | |
| ADP 10 Pack* | \$575 | |
| ADP 5 Pack* | \$325 | |
| Drop-In | \$75 | |

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