



TCBOOST™

SPORTS PERFORMANCE

VARSITY SPEED PROGRAM (15-18 YRS OLD)

2018 SUMMER PHASE: JUNE 11TH - AUGUST 19TH (10 WEEKS)

WEEKLY SCHEDULE

MON	10:30AM 1PM 5:30PM
TUE	10:30AM 1PM 5:30PM
WED	10:30AM 1PM 5:30PM
THU	10:30AM 1PM 5:30PM
FRI	10:30AM 1:00PM
SAT	10:30AM

* Schedule subject to change based on attendance. Please refer to website for most up-to-date schedule including additional or cancelled classes. 1PM and 5:30PM classes are combined JV/Varsity. Groups will be split based on age and attendance.

TCBOOST@TCBOOST.COM | 847.559.2307

600 S Waukegan Rd. #122, NORTHBROOK, IL

SPEED PRICING OPTIONS

Designed to help athletes break free from the competition. This 60-minute, small group session is designed to focus on speed development while also incorporating power, agility, and plyometrics. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.**

1 Month Unlimited	\$330
10 Pack*	\$425
5 Pack*	\$235
Drop-In	\$55

* 10 Pack expires 3 months from date of first use

* 5 Pack expires 6 weeks from date of first use

ENGINEERED RESULTS™ >>>



TCBOOST™

SPORTS PERFORMANCE

VARSITY SPEED PROGRAM (15-18 YRS OLD)

2018 SCHOOL YEAR SCHEDULE

WEEKLY SCHEDULE

MON	4:00PM 7:00PM
TUE	6:00PM
WED	4:00PM 7:00PM
THU	6:00PM
FRI	4:00PM
SAT	10:30AM
SUN	2:00PM

PRICING OPTIONS

Designed to help athletes break free from the competition. This 60-minute, small group session is designed to **focus on speed development** while also incorporating power, agility, and plyometrics. To see maximum results you should commit to 2x/week during the off-season. **You can purchase online, by calling or emailing us, or by downloading the TCBOOST App.**

1 Month Unlimited	\$330
10 Pack*	\$425
5 Pack*	\$235
Drop-In	\$55

* 5 Pack expires 6 weeks from date of first use
 * 10 Pack expires 3 months from date of first use

