

# BUPRENORPHINE PRESCRIBING RESOURCES

## ABOUT BUPRENORPHINE

- Buprenorphine is a partial opioid agonist approved for treatment of opioid use disorder
- Buprenorphine is effective in reducing opioid use and overdose deaths, keeping patients in treatment and improving various health and social outcomes
- Buprenorphine can be prescribed in office-based primary care settings, just like other medications prescribed for chronic health conditions
- Any physician, nurse practitioner or physician assistant can prescribe buprenorphine after obtaining a waiver

The New York City Department of Health and Mental Hygiene provides free resources to help city health care providers implement buprenorphine in their practice.

The Health Department offers buprenorphine waiver training, clinical mentorship, technical assistance and educational materials.



### TRAINING

- Follows “half-and-half” format: four hours of live instruction and four hours of online self-study
- Fulfills training requirement for physicians to apply for a federal waiver to prescribe buprenorphine (nurse practitioners (NPs) and physician assistants (PAs) must complete an additional 16 hours of online training, for a total of 24 hours)
- Occurs approximately monthly
- Can be held at your institution for groups of at least 20 prescribers



### MENTORSHIP

- Provides clinical mentorship for new or inexperienced prescribers
- Matches mentees with experienced buprenorphine prescribers (mentors); mentees are grouped by organization and matched with a mentor
- Is available to any New York City physician, NP or PA who has recently received a waiver to prescribe buprenorphine or has previously received a waiver but never or rarely prescribed buprenorphine
- Occurs via in-person meetings, telephone, email and videoconference



### TECHNICAL ASSISTANCE

- Supports implementation of buprenorphine prescribing into primary care settings of any size (e.g., hospital systems, solo practices, community-based settings, etc.)
- Assists with determining a program model compatible with existing resources and interests
- Includes guidance on logistics, workflow, staffing, training, policies, outreach and legal requirements



### EDUCATIONAL MATERIALS

- Educational **pamphlets** and **posters** for patients, available in multiple languages
- Educational materials for providers
- Additional materials are available by visiting [nyc.gov/health](http://nyc.gov/health) and searching for “providers alcohol and drugs”