

CONFERENCE PROGRAM

Keynote:
Children-Not for Sale! Commercial Sexual Exploitation of Children. *Meagan Fitzgerald, MS, CCLS & Amy Goldberg, MD. Hasbro Children's Hospital-Lawrence A Aubin Sr. Child Protection Center, Providence, RI.* This session will help participants begin to understand the complexity of Domestic Minor Sex Trafficking, and the risk factors associated with this patient/victim population. Presenters will discuss the multi-disciplinary team approach that is required to assess, intervene, and prevent sexual exploitation amongst children and adolescents. Case examples will be utilized to illustrate how patients have become involved in the "life" and the Aubin Center's immediate and long-term medical and psychosocial response.

8:00 - 8:45 Registration

9:00 -10:00 Session 1

A: Fostering Success: Creating a Positive Experience for Supervisors and Interns. *Kerri Baker, MS, CCLS and Mallory Kropman, MS, CCLS, CEIM, Hasbro Children's Hospital, Providence, RI.* Acting as a supervisor for a child life intern can be a rewarding, challenging, and enlightening task. However, evolving professional requirements, paired with new student learning styles and old-school thought, does not always guarantee success. Attendees will gain insight into how the program at Hasbro is designed to ensure that all parties involved end each semester with a positive experience. Examples will be used to encourage others to implement similar techniques. *Intended for clinical and academic professionals.*

B: Happiness at Work Through Mindfulness and Meditation. *Kevin D. Rice and Kelly Watt, Boston Hospital Outreach Program, The Hole in the Wall Gang Camp, Boston, MA.* Join, learn, and share experiences on how to improve the positive aspects of working life. We will touch on cultivating mindfulness in the work place. Working with Sharon Salzberg's book Real Happiness at Work, we will explore and discuss the eight pillars of happiness: Balance, Concentration, Compassion, Resilience, Communication and Connection, Integrity, Meaning, and Open Awareness. You will also be able to practice and foster a renewed positive mindset through your participation in a guided meditation.

10:15 - 10:30 Welcome and Announcements

10:30 - 12:00 KEYNOTE-See Sidebar

12:00 - 1:00 LUNCH

1:00 - 2:30: Session 2

A: Facilitating Communication and Education within Families. *Jane Bishaw-Semevolos, LCAT, ATR-BC; Melinda Ferraraccio, LCAT-P, RYT; Melissa Goldsmith, LMSW, CCLS, Friends of Karen, New Salem, NY.* Communication is difficult, especially in a time of crisis. In this session learn interventions that promote communication within a family, tools that continue communicating an organization's mission when a professional is not present, and the benefits of a variety of professionals working with a family together. At Friends of Karen, our mission is to provide emotional, financial, and advocacy support for children with a life-threatening illness and their families in order to help keep them strong, functioning, and able to cope. Our teams include social workers, child life specialists, and creative arts therapists working to support ill children, siblings, and parents.

B: Triggers and Coping Strategies: Collaborative Planning with the Behavioral Response Team. *Doug Crook, BSN, RN; Annmarie Spring, MS, RN; Cami Polfuss, MS, CCLS; Emi Layok, MS, CCLS, Boston Children's Hospital, Boston, MA.* The Behavioral Response Team (BRT) at Boston Children's Hospital is a nurse-led team that provides support to the patient with behavioral health needs throughout the medical setting. The team closely collaborates with many disciplines, including child life, to ensure that care is well planned in effort to avoid anxiety and agitation to promote safe care. This session focuses on identifying triggers, encouraging use of coping strategies, and highlights the collaborative work of the BRT and child life.

C: Director's Meeting. An opportunity for child life program directors to share ideas, resources, and network. For confidentiality, this session is limited to program directors and managers. *This session will start at noon and run through Session 2. Lunch will be provided.*

2:45 - 4:15 Plenary Session

Spiritual Care: Yes, Child Life Specialists Have a Role, Too! *Rev. Mary Robinson, MA, MDiv, BCC, Boston Children's Hospital, Boston, MA.* Clinicians often feel unprepared and lack confidence when recognizing, assessing, and responding to the spiritual concerns of children and their families. Although spiritual care is increasingly considered an integral part of high quality health care, there is mounting evidence that few health care professionals have received adequate preparation in this area. This workshop will introduce child life specialists to the developmental stages of spiritual development, as well as some basic skills of spiritual care.