

St. Peter Recreation and Leisure Department Senior Center has received a \$1,500 grant from the Mankato Clinic Foundation to be used for the creation of the Saint Peter Memory Café and Memory Minder Kits.

The first program, a collaboration with the public library, is to make and provide **Memory Minder Kits** that will be available to all library patrons. Memory Minder Kits are specially created for caregivers to spark memories, create conversation and provide positive interaction between people with dementia or Alzheimer's and their care partners. These kits would be available for check-out at the Saint Peter library and processed as a regular library item.

The second program is the creation of a **Memory Café**. A Memory Café is a social gathering where people with memory loss and their care companions can come together in a safe, supportive environment. The Saint Peter Memory Café will offer light snacks, beverages, games and activities specifically designed for those suffering from memory loss. For more information, contact Gabriela Roemhildt at 934-7434.

The Mankato Clinic Foundation provides grants once a quarter to organizations and endeavors that promote and improve community health and wellness in the communities they serve. The organizations that receive funding are living out the Foundation's mission with the work they do and the Mankato Clinic Foundation is proud to support them.

The physicians at the Mankato Clinic provide the majority of the Foundation funding as a means to give back to the community by providing support to organizations which strive to improve health and wellness. Grants are awarded on a quarterly basis and are considered only through the application process. Application can be obtained at mankatoclinic.com.